

CENTRAL AMERICA MULTI COUNTRY - SIGNATURE COSTA RICA



INTRODUCTION

Begin your Chimu Adventures Signature Costa Rica tour in the country's capital, San Jose and travel through lush tropical rainforests, visit volcanos and more until you reach the Pacific coastline. Highlights include standing at the crater rim of an active volcano, seeing toucans and crested guans from the Mistico Hanging Bridges of Arenal, getting up close and personal with sloths and other wildlife whilst volunteering at a wildlife rescue centre and zip lining through the Monteverde cloud forest. Finish your journey with more wildlife experiences in Parque Nacional Manuel Antonio and enjoy some go slow time like one of Costa Rica's sloths in the resort town that shares the national park's name before returning to San Jose to end your tour.

ITINERARY

DAY 1: Arrive in San Jose

Welcome to San Jose, Costa Rica’s bustling capital city. Affectionately known as Chepe (the local nickname for anyone named Jose) by its inhabitants, San Jose is situated in central Costa Rica within the Valle Central at an elevation of 1,150 metres. Rising gracefully over the city’s north are Poas, Barva and Irazu volcanos and the Cordillera de Talamanca mountain range sits to the south. In the city centre you will find San Jose’s two main squares, Parque Central de San Jose and Plaza de la Cultura. Today is an arrival day, so you are free to explore at your leisure.



TRIP CODE

CRCVSCR

DEPARTURE

Daily

DURATION

9 Days

LOCATIONS

Costa Rica



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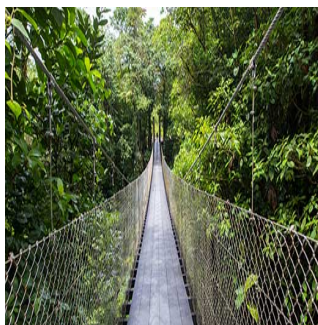
DAY 2: Doka Estate & Parque Nacional Volcan Poas tour

Today you will tour Doka Estate and Parque Nacional Volcan Poas, passing through Alajuela, Costa Rica's second largest city enroute. Doka Estate is a local coffee plantation and you will enjoy breakfast before touring the plantation and roast room to learn how coffee is grown and produced. Passing more coffee plantations, strawberry fields and flower nurseries, you will arrive at Poas Volcano National Park. Home to the Poas Volcano, the national park stretches 65 square kilometres and offers over 3.5 kilometres of hiking trails. You will view the active volcano from the crater rim before continuing to La Paz Waterfall Gardens. A privately owned ecological park, the gardens are home to five different waterfalls set within lush tropical rainforests. It's also a wildlife refuge and you can visit exhibits such as a butterfly observatory, a hummingbird garden, serpentarium, trout lake and a frog ranarium.



DAY 3: San Jose to La Fortuna

Today you will travel from San Jose to the small town of La Fortuna, the gateway to Parque Nacional Volcan Arenal. After checking into your hotel, you will take an afternoon tour of the Mistico Arenal Hanging Bridges which are located near Lake Arenal dam. Here two diverse ecosystems of lowland and highland rainforest collide resulting in a diverse range of birdlife and animal species. Keep your eyes peeled while walking the suspension bridges for toucans and crested guans before wandering the nature trails where you might encounter sloths, tapirs and spider monkeys or possibly even a jaguar.



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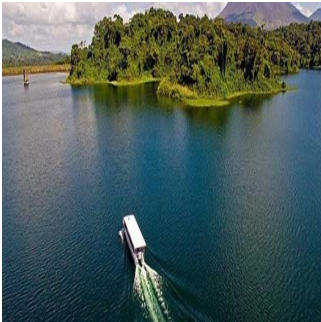
DAY 4: Sloth & Volunteer Experience at Wildlife Centre

Immerse yourself in a volunteer experience at Proyecto Asis Wildlife Rescue Centre. The centre cares for wounded and abandoned wild animals and those rescued from the black market. You will receive an introduction to the park from a naturalist guide before volunteering to help prepare some of the animals’ food and enrichment toys. It’s a fantastic opportunity to see some of Costa Rica’s wildlife up close, including sloth which are a threatened species due to the destruction that’s occurring to their natural habitat.



DAY 5: Arenal to Monteverde

You will cross Lake Arenal on a pontoon boat from Lake Arenal Dam to Rio Chiquito before heading to Monteverde. Known for its unique cloud forest, Monteverde is located at the heart of the Cordillera de Tilaran mountain range. You will spend the evening in your superior chalet-style accommodation with panoramic views towards the cloud forest which you will visit tomorrow.



DAY 6: Monteverde Cloud Forest tour

Today you will explore the Montverde cloud forest from above. Boarding the Sky Tram, you will float gently over the forest, keeping watch for monkeys, sloths and birds in the canopy. You will arrive at an observation platform where, on a clear day, you can see the Arenal Volcan in the east and the Gulf of Nicoya and the Pacific coastline to the west. To get back down, why not zip line on board the Sky Trek? A system of zip lines spanning from mountain to mountain, the Sky Trek allows you to fly through the treetops at up to 70 kilometres per hour. Alternatively, you can visit some more observation towers with panoramic views of the cloud forest. The final excursion of your tour is the Sky Walk, a two kilometre walk along forest trails and suspension bridges through the cloud forest.



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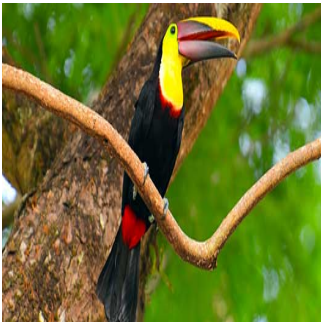
DAY 7: Monteverde to Manuel Antonio

From Monteverde you will travel to Manuel Antonio, home to one of the most popular national parks in Costa Rica. The lively resort town is your base for the final days of your tour. Located north of the national park, Manuel Antonio is surrounded by turquoise waters and pristine sandy beaches. You are free to explore the town and lap up some sunshine after your arrival.



DAY 8: Parque Nacional Manuel Antonio tour

Today you will tour Parque Nacional Manuel Antonio, crossing the thin man-made strip of land that connects the island where the national park is located with the mainland. The park has three trail options, but your guide will lead you on the path with the easiest grade. As you walk you will learn about the park’s natural history, local flora and fauna. Keep your eyes peeled for three out of the four tropical primates that live in Costa Rica as they are found here. You also might spot sloths, birds and reptiles as well as orchids and butterflies.



DAY 9: Manuel Antonio to San Jose

You will be transported back to San Jose to the airport to fly to your next destination.



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INCLUSIONS & DETAILS

Accommodation	Hotel
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Inclusions	Inclusions Private airport transfers Accommodation with breakfast daily Sightseeing with local English-speaking guide as detailed in itinerary Other meals where stated
	Exclusions International flights Visa & reciprocity fees Travel insurance Beverages Personal expenses Gratuities for tour guides & drivers Any items not mentioned as included
Difficulty Rating	1 (easy)
Single Surcharge	A single supplement surcharge applies and is subject to availability. Please contact us for more information.
Notes	Prices are based on per person, twin share. Prices are correct at time of publishing but are subject to change at any time. All entrance fees are subject to change without prior notice.
Price Dependent upon	Seasonality and availability at time of booking.

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SUSTAINABILITY

Being environmentally accountable is a crucial part of our organisation. Chimu is currently striving towards using less paper, taking several initiatives to do so, and tracking our progress along the way. Our goal: A paperless organisation. For this reason, all information given to you will be sent electronically. We encourage those who choose to travel with us to support our aspirations and actions and ask that you reconsider printing out documentation. To view these documents, you can download them to your iPad or portable computer before and during your trip.

Chimu is passionate and dedicated to sustainability measures and understands the crucial part sustainability plays within the tourism industry.

We use local guides and office staff to both maximise local employment opportunities and minimise carbon footprint. Local guides also ensure you benefit from the intimate knowledge, passion, and culture of the country you're visiting. Our guides are all highly qualified (most with university degrees) or equipped with many years of experience and are paid above the standard wage. Whether it be our knowledgeable local guides, locally produced meals, or the transport on tour, we do not use imported goods when local products are available. We aim to minimise our impact on the environment and give as much back as possible to the communities we work in.

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While visiting the many national parks, heritage sites, museums, and landmarks, our travellers are encouraged to explore whilst remaining culturally aware and sensitive. We further encourage you to buy appropriate souvenirs and discourage the buying of anything wrongfully made or taken from the environment i.e., shells and endangered species products. Information on how you can be environmentally conscious, and travel responsibly will be made available in our Travellers Guides and provided during your travels by guides and staff.

For more information on our sustainability policies, including how we are striving towards being a paperless organisation, click [HERE](#)

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