



The Ocean Endeavour

One ship, many possibilities

Welcome to Antarctica aboard the Ocean Endeavour. This document outlines detailed information for your upcoming expedition. Please do take the time to read it before you travel. Please also refer to your Pre-Departure Information document and Antarctica Travellers Guide for more details which will help you prepare for your Antarctic adventure.



Cabin Information >

Cabins and suites have the essential amenities you'll need to feel comfortable throughout your voyage. Reception or your cabin attendant will be happy to help with any additional bedding you need for your cabin.

CABIN CONFIGURATIONS

SINGLE INSIDE | CATEGORY 1:

- Located on Deck 5
- Private bathroom
- TV
- One lower berth
- Radio

TRIPLE | CATEGORY 2:

- Located on Deck 4
- Two bathrooms
- TV
- Three lower berths
- Radio

INTERIOR TWIN | CATEGORY 3:

- Located on Deck 4
- Private Bathroom
- TV
- Two lower berths
- Radio

EXTERIOR TWIN/SINGLE | CATEGORY 4:

- Located on Deck 4
- Private bathroom
- Porthole Window (unobstructed view)
- Two lower berths
- Radio
- TV

MAIN TWIN | CATEGORY 5:

- Located on Deck 5
- Private bathroom
- TV
- Two lower berths
- Radio
- Window

COMFORT TWIN | CATEGORY 6:

- Located on Decks 4, 7 & 8
- Private bathroom
- TV
- Windows, some with partially obstructed views
- Two lower berths
- Radio
- Some with refrigerator

SELECT TWIN | CATEGORY 7:

- Located on Decks 5 & 8
- Private bathroom
- TV
- Windows, some with partially obstructed views
- Two lower berths
- Radio
- Some with refrigerator

SUPERIOR TWIN | CATEGORY 8:

- Located on Decks 5 & 7
- Two lower berths or double bed
- TV
- Windows, some with partially obstructed views
- Private bathroom
- Radio
- Some with refrigerator
- Sitting Area

DOUBLE JUNIOR SUITE | CATEGORY 9:

- Located on Decks 5 & 7
- Radio
- Refrigerator
- Private bathroom some with bathtub
- Double bed
- TV
- Sitting Area
- Windows

DOUBLE SUITE | CATEGORY 10

- Located on Deck 7
- Refrigerator
- Radio
- Private bathroom some with bathtub
- Double bed
- TV
- Sitting Area
- Windows

SHOWERS AND TOILETS

Cabins have a private bathroom with shower, toilet and wash basin. Shampoo and shower gel are provided for your use. Please only flush toilet paper down the toilet due to the sensitive mechanism. Tissues, paper towels, feminine products, etc should be placed in the bin.

HAIRDRYERS

A hairdryer is available in each cabin.

BATHROBES

Enjoy the loan of the bathrobes in your cabins for the duration of your expedition.

VALUABLES

Valuables should be stored in the safe in your cabin. Please travel with as few valuables as possible.

CABIN TEMPERATURE – CLIMATE CONTROL

Cabin temperature can be controlled by adjusting the vent. If you are sharing a cabin with other travellers, please be considerate of their temperature preferences as well.

SHARED CABIN COURTESY

Many travellers elect to share a cabin with passengers they may not have previously met. All passengers have their own schedules and preference so please be mindful of your cabin mates.

HOUSEKEEPING SERVICE

Your cabin will be cleaned daily. Every fourth day your towels and bedsheets will be changed, subject to the length of the voyage and in accordance with The Ocean Endeavour's sustainability practices. For more frequent towel changing, please inform your cabin attendant. Leaving a towel on the rack indicates you will be using it again, while putting a towel on the floor or in the shower or sink means you would like it to be washed.

LAUNDRY

Laundry fees are provided on board. Request forms and bags are available in your cabin. Laundry is collected in the morning and please allow 48 hours for your laundry to be returned. Ironing services are also available at a minimal charge. We encourage you to take advantage of the laundry services, as it will mean you can pack fewer articles of clothing. Please bring environmentally friendly detergent if hand washing small items in your cabin.

SPRINKLER SYSTEM

The sprinkler heads located throughout the ship, and in your room, are very sensitive. The slightest touch can activate them so please do not hang any items from the sprinkler heads, or smoke anywhere on the ship outside the designated smoking area. Guests activating the sprinkler system may be responsible for damages that occur.

ELECTRICAL OUTLETS

The electrical supply on board is 220 volts, 50 Hz. Passengers coming from the USA and Canada may need to bring a small 220v/110v converter. Please check your electronics as most modern cameras, computers and devices are already compatible to use 220/110 volts before purchasing a converter. The electrical outlets found in your cabin and around the ship accept standard European two round pin plugs, so you may need to bring a travel adapter. Electricity supply may not be sufficient to power your electronic devices at all times so please be aware of this. Please check the voltage of your device before plugging it in, as the device may become damaged if the incoming voltage is higher than that for which it is manufactured.



➤ **TYPE C, E, F - EUROPE**

CABIN CALLS & EMERGENCIES

Below is the telephone list to contact other cabins or areas of the ship:

Location	Tel. No
Reception	5000
Bridge	1000 (For emergency safety and security calls only)
Room to Room	Directly (dial room number)

In case of emergency, please alert the Bridge or any Crew or Expedition member immediately.

Ship Specifications >

DIMENSIONS

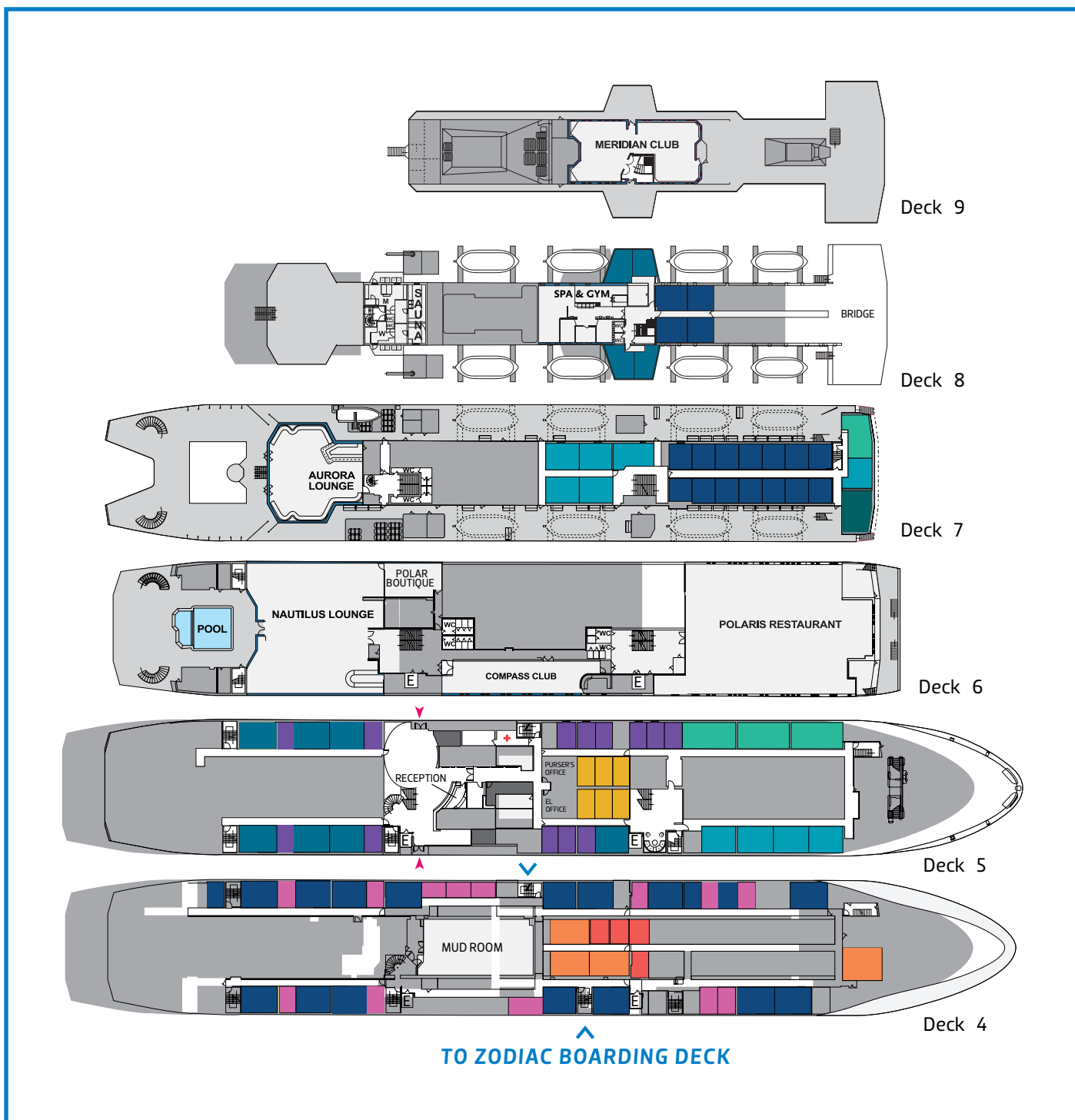
Built: Poland 1981
 Ice Class: 1B
 Length: 137m (352ft)
 Breadth: 11m (36ft)
 Max Draft: 5.6m (18ft)
 Cruising Speed: 15 knots
 Passenger Capacity: 200(max)
 Crew: 124

SAFETY EQUIPMENT

Lifeboats: 6
 Life Rafts: 12

CABIN CATEGORIES

- CATEGORY 10 | DOUBLE SUITE
- CATEGORY 9 | DOUBLE JUNIOR SUITE
- CATEGORY 8 | SUPERIOR TWIN
- CATEGORY 7 | SELECT TWIN
- CATEGORY 6 | COMFORT TWIN
- CATEGORY 5 | MAIN TWIN
- CATEGORY 4 | EXTERIOR TWIN/SINGLE
- CATEGORY 3 | INTERIOR TWIN
- CATEGORY 2 | TRIPLE
- CATEGORY 1 | SINGLE INSIDE





Onboard Procedures >

WATER

Filing stations are available on the ship so that you can re-fill your water bottle as needed.

ON BOARD ACCOUNTS

For ease, items purchased from the Polar Boutique, lounge or bar (including drinks) are charged to your ship account. Any laundry, postage, communication charges, spa treatments and adventure options booked onboard (space permitting) are also charged to this account. Payments of shipboard accounts are paid at reception towards the end of the expedition. The US dollar is the standard currency onboard. US dollars, Visa, MasterCard or American Express credit cards are accepted. Personal cheques are not accepted.

Note: If you are sharing a cabin and would like separate accounts, please advise reception.

GRATUITIES

This is at your personal discretion. As a guideline, we suggest the amount of US\$15 to US\$20 per traveller per day. You will have the option to charge a gratuity amount to your onboard account, or to place cash in an envelope at the end of the voyage. Hotel and expedition team members share gratuities.

ITINERARY & PROGRAM CHANGES

This is an expedition cruise to the world's most remote region so the weather and conditions are unpredictable. Itineraries are planned for each tour package, but to ensure the safety of our guests and crew, landings and routes are subject to change and cancellation.

ANNOUNCEMENTS

Announcements in English over the ship's public address system will alert you to wildlife sightings, itinerary changes, and landing instructions for going ashore. They can be heard in cabins and all public spaces. Where non-English-speaking groups travel with us, announcements will be repeated in other languages. Out of courtesy to other travelers, we ask that you remain quiet during all announcements regardless of the language.

BATTERY DISPOSAL

Please bring old batteries to reception for disposal – do not throw old batteries in your cabin garbage.

BRIDGE VISITS

Access to the Bridge, where you can observe how the Captain and officers sail and navigate the ship may be granted during the voyage. The Captain and Bridge officers do restrict access during arrivals and departures from port and during times of complicated navigation. As the Bridge is an important working area on the ship, we ask that you keep noise to a minimum to avoid distracting the officers from conducting their jobs efficiently. Please respect the Bridge etiquette of no eating, drinking or smoking.

LOST & FOUND

Please bring any misplaced items to reception or give them to a member of the Expedition Team. If you lose anything yourself, please advise our staff.

SMOKING

For health and safety reasons, The Ocean Endeavour maintains a no smoking policy in the interior of the ship including cabins, near Zodiacs and on landings. Please only smoke in the designated area which your Expedition Team can direct you to. Always ensure cigarettes are extinguished properly and dispose of them in the proper receptacle. Please, never throw cigarettes overboard.

SUSTAINABILITY POLICY

The environment is a key concern in Antarctica. Use all rubbish containers on board. Never throw anything over the side of the ship. Due to the complicated process of desalinating sea water for use on board, guests are asked to be mindful of their water use.

STAYING IN TOUCH WHILE ON BOARD

It is possible to make phone calls, check emails and use the internet while on board.

Please note: that we travel to some of the most remote parts of the world. As we utilize satellite equipment for our connection, it is possible that occasional degradation or outages of services may occur. Personal communication services are not always guaranteed throughout your voyage. We encourage passengers to disconnect from digital life and reconnect with the natural world.

To access email or internet, you can purchase a pre-paid PIN card from reception. Data PIN cards can be used to access the internet from personal computers, tablets and smartphones. These cards are based on data used, not time connected, so be careful about which services are running in the background on your device(s). Once purchased, your PIN card will grant you access to network spots found throughout the public spaces of the ship. The best connection will be in public areas, but it may be possible to connect in your cabin depending where it is.

A temporary ship-board email account can also be set up. These special Webmail accounts are specifically geared towards satellite communications and will be a more efficient, lower-cost alternative to data service. Accounts are set up for a small charge, and include up to 200KB of text-only transmission per day. Additional emails can be sent over this amount for an additional charge.

A pre-paid PIN Card will also be required for making telephone calls. Voice PIN cards allow calling from your cabin or guest telephones to shore telephones at various rates per minute

- dependent on location and type of phone you are calling (calling mobile phones tends to be more expensive). Current prices for these optional services will be posted onboard the ship. Please note refunds are not provided for unused voice or data cards.

DOCTOR

An English-speaking doctor will be onboard. They will manage a medical clinic stocked with a supply of common prescription medicines and basic first aid equipment. If take regular medication, you must bring enough of this yourself. We cannot accept responsibility for not having a specific brand or type of drug on board. Should you fall ill, the doctor will refer to the medical forms that you completed and returned to us; so please ensure that the information you provide is complete and accurate.

MAIL

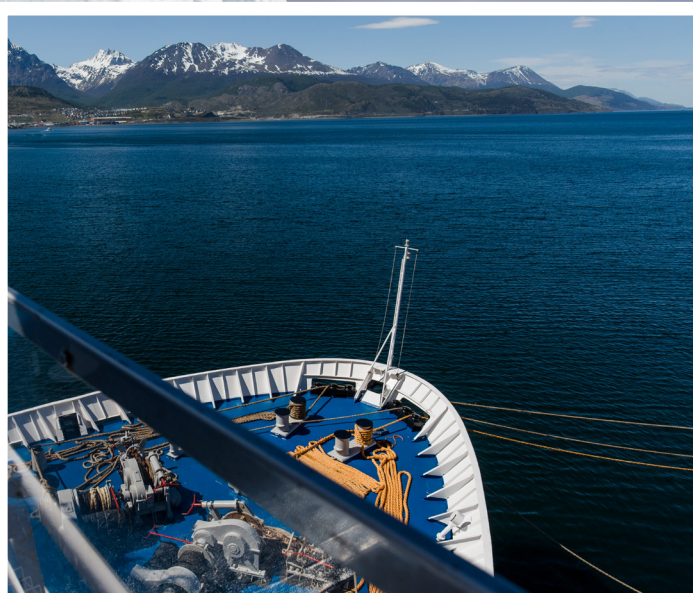
Sending polar mail is still a rare and memorable way for loved ones to receive a memento from your voyage. Mail may be posted from the ship and will be charged to your on board account. Please deposit your mail at reception with your cabin number and name noted clearly in the upper right hand corner of each card or letter. It may be permitted to post mail from the research bases we visit. If we are unable to post the mail during your voyage, staff will attempt to do so on subsequent voyages.

Please note: delivery can take many months and cannot be guaranteed.

CHILDREN POLICY

Children under the age of eight are not recommended for this type of expedition. Children must travel with a parent. Child rate sharing a suitable cabin at 50% of adult charge.





Public Spaces >

POLAR BOUTIQUE

For essentials and expedition souvenirs, the Polar Boutique gift shop is on Deck 6 in the Nautilus Lounge. Opening hours will depend on the daily expedition activities. Our Polar Boutique offers a selection of expedition gear, including base layer clothing, waterproof pants and gloves, as well as gifts and souvenirs.

LIBRARY

In the Compass Club on Deck 6, there is a small library of polar books, reference and general reading material. Open 24 hours a day, the library also includes a selection of games for your entertainment. The collection includes books covering subjects like wildlife, history, marine biology, ecology and geology, in multiple languages. A large collection of field guides, picture books and reference books is also at your disposal.

LOUNGE AREAS AND LECTURE THEATER

The Nautilus Lounge on Deck 6 is used for lectures, briefings and events, and also houses the main bar. The Compass Club, also on Deck 6, is your coffee, tea and water station, and provides a comfortable spot to relax with spectacular views along the starboard side of the ship. The Aurora Lounge on Deck 7 is used as a secondary lecture space. The Meridian Club on Deck 9 offers panoramic views and comfortable seating, with access to outside on the top deck.

RECEPTION AREA

24 hour assistance can be found from the crew members at reception. You can purchase internet or email access cards and phone cards here, arrange for a wake-up call or settle your accounts at the end of the voyage.

CREW AREAS

Please respect the privacy of the designated crew areas and note that they are not accessible to passengers.

SPA

The spa and Wellness Programme is located on Deck 8. Please see the spa attendant for details on how to book massages, facials, and hair, hand and foot treatments.

GYM

Located on Deck 8, gym hours are posted at the door. Facilities are on a first come, first served basis. Please do not bring glass bottles into the gym. Please take care when using the facilities and leave them clean. Yoga classes will also be offered onboard.

OBSERVATION DECKS

Please use decks 6, 7, and 9 for viewing wildlife and enjoying the open ocean. The outer decks provide open space and are accessible at any time (subject to weather/sea conditions).

MEDICAL CLINIC

The Clinic is located on Deck 5, portside. In case of emergency, the doctor is available 24 hours a day. Contact the doctor via reception or any member of the Expedition Team.

ELEVATOR

The onboard elevator system is available for travel between Decks 4, 5, and 6. For safety reasons, the elevators will be shut down during inclement weather conditions.

SAUNA

Located on Deck 8, the men's and women's saunas provide ample space to warm up with polar views. There are wing balconies adjacent to the newly refurbished shower and change areas allowing outdoor access.

POOL

A large heated outdoor pool surrounded by deck space is located on Deck 6. A shallow children's area is separated from a deeper saltwater plunge pool. Please note, there is no lifeguard on duty.



Dining Onboard >

DINING ROOM

The Polaris Restaurant is the sole dining room, located on Deck 6. If there is one constant at sea, it is that you'll enjoy delicious meals daily. Meal times are subject to change due to landings and wildlife encounters but three meals a day will always be served. Daily hours of operation will be posted around the ship.

BREAKFAST, LUNCH & DINNER SERVICE

The dining room has an open seating policy and there is one seating for all passengers at breakfast, lunch and dinner.

SNACKS AND COCKTAIL HOUR

Assortments of fresh-baked cookies and/or pastries are available every afternoon. There is also a selection of hot and cold snacks available in the lounge during cocktail hour, expedition activities permitting.

DIETARY REQUIREMENTS & ALLERGIES

For vegetarians, there is a wide selection of vegetables, pasta, grains and fruit available. The Ocean Endeavour can accommodate most special dietary requests include vegan diets; please clearly indicate your needs on the required expedition forms when you book your voyage. Menus will be clearly labelled for vegetarian and gluten free options, but please do notify your server of the dietary restrictions you indicated on your form. Regretfully, kosher food cannot be prepared.

FOOD PREPARATION

Breakfasts and lunches are normally served buffet style, while dinners are a la carte. À la carte meals are made to order, allowing our chefs to prepare each dish to your individual needs. Our chefs are able to monitor and control the quality of food being served, ensuring you receive top quality meals during the course of your expedition.

SPECIAL EVENTS

Casual dress code is exercised on the ship. You are welcome to dress up a little for the Captain's Welcome Reception.

DRESS CODE

The dress code on the ship is casual, though some may choose to dress up a little for the Captain's Welcome Reception.

BAR & WINE SERVICE

The well-stocked bar on the ship is open to enjoy with your fellow shipmates. A selection of liquors, spirits, beer, wine and champagne is available and can be charged to your shipboard account.

Please note: it is The Ocean Endeavour's policy to not serve alcoholic beverages to persons under the age of 18 years.

PERSONAL ALCOHOL POLICY

Consuming personal alcohol is prohibited anywhere on the ship.



Life at Sea >

Lectures and workshops presented by our Expedition Team are conducted during the voyage and you can spend time on deck looking for seabirds and cetaceans. Other days are involve multiple landings, Zodiac cruises and activities. Expect great meals from your onboard chefs, inspiring lectures, incredible wildlife viewing and the forging of new friendships. Policies and procedures are in place to ensure things run smoothly on the Ocean Endeavour. Read on for how to optimise your time onboard.

SCHEDULE CHANGES

The daily program is posted on the TVs throughout the ship. Sometimes new opportunities present themselves so expect the unexpected and put your trust in the highly skilled Expedition team to make your journey memorable.

SAFETY ONBOARD AND ASHORE

Safety is the utmost priority for our Expedition Team and crew members. Being aware of how to safely move through the ship, act ashore and handle both wet and dry landings will help ensure you have a stress-free expedition.

Please take time to read the instructions in this important safety section.

SAFETY WHILE ON DECK

Outer decks can be slippery so please take care. Always use the handrails and wear proper closed-toe, nonslip footwear. Slip-on sandals, slippers or flip flops are neither safe nor suitable for wearing on board.

STAIRS & DOORS

High steps in many doorways lead to the outer decks, please watch your step and proceed with caution. Do not place your hands around the edges of doors when passing through doorways or walking in your room. Be aware that if doors are not closed properly, they present a danger and can open or close violently and unexpectedly as the ship moves across the sea.

SAFETY BRIEFING & LIFE BOAT DRILL

By international maritime law, it is mandatory to participate in an emergency drill within 24 hours of sailing. Upon embarkation, a safety briefing to outline appropriate behavior on board will take place, including emergency procedures. A

drill will be conducted to familiarize you with your lifeboat, location of life vests and emergency evacuation route. This compulsory drill will be scheduled as soon as possible by the Chief Officer. Full details will be provided after embarkation.

LIFE VESTS

An orange SOLAS life jacket is provided for every passenger on board. These can be found in the storage bins on the outer decks and are to be used in case of a ship emergency, as well as during emergency lifeboat drills.

CONDUCT ASHORE

- For safety reasons, never walk alone while ashore. Always travel with someone else, or as part of a group.
- If weather conditions deteriorate the Captain will sound the return to ship signal, using the ship's horn. If you hear this, immediately return to the landing area or follow instructions from staff members.
- Never leave litter. Take only photos and leave only footprints.
- Be punctual, as on time boarding and efficient landings mean we'll have more time to explore at future landings.