



# KAYAKING IN THE ARCTIC

*Live for today...*



Make your journey to the Arctic extra special by opting to go sea kayaking. You can enjoy the polar environment from a completely different perspective. Kayaking in the Arctic is one of the most intimate and inspiring ways you can explore the region.

## ADDITIONAL DETAILS

Each kayak excursion will last 2–4 hours, depending on timing and weather conditions.

### Group capacity and kayak information

The group capacity is an average of 12 participants. The kayak type has a very flat surface which increases stability. The kayak brand varies depending on which vessel you are travelling on. Furthermore, you will be under the trustworthy supervision of a minimum of one cold water kayak instructor and an accompanying zodiac driver.

### Clothing and Equipment

A dry suit will be provided for each participant, to maximize comfort and minimize risk. If you bring your own suit, it will most be checked by the kayak guide before the activities begin. A clothing layering system is recommended and a limited emergency gear will be provided by the staff.

### Safety Precautions

All participants must carefully follow the guide's instructions. Before the kayaking expedition, detailed information will be provided and all participants are required to sign a waiver.



### Pre-requisites to participate

Previous kayaking experience is necessary and it is recommended to have been in a kayak at least three times before. You will need to verify your travel and medical insurance prior to commencing kayaking. Kayakers age restrictions are varied depending on the vessel, ask your booking agent for more details.

Please note that each kayaking expedition is dependent on sea, ice and weather conditions and may be cancelled without prior notice.

Do not miss the opportunity to live the experience of seeing a large variety of birds, bearded seals, walrus and Arctic foxes while gliding through the majesty of the icebergs.

**Kayaking must be pre-booked and limited spaces are available. Please contact your booking agent to check availability and pricing.**