

BOLIVIA - DISCOVER LA PAZ



TRIP CODE

BOTSLPS

DURATION

4 Days

LOCATIONS

Bolivia



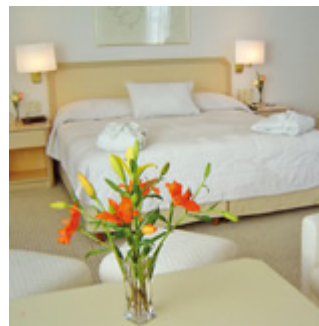
INTRODUCTION

La Paz, the world's highest capital is a fascinating blend of colonial and indigenous customs, people and architecture, in an exquisite Andean setting. Easily accessible across the border from Peru, this is a brief, but exciting insight into the fascinating and complex country of Bolivia.

ITINERARY

DAY 1: Arrival transfer in La Paz

On arrival, please make your way through to the Arrivals Hall where our representative will be waiting for you to transfer you to your hotel. He/she will be holding a sign with your name on it. Should you not be able to locate them, please refer to the front of your itinerary for emergency contact details of our representative office. El Alto airport is the highest International airport in the world at 4,080 metres above sea level.



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DAY 1: La Paz

La Paz has a spectacular setting in a deep bowl surrounded by snow-capped mountains of the Altiplano. It lies in the shadow of the towering 6,438m high Mt. Illimani, always snow-covered and visible from many parts of the city. The city (from the main square) is 3,636 metres above sea level but the neighbouring city of El Alto where La Paz International Airport is located lies at over 4,000 metres. Some of the highlights of La Paz itself include Plaza Murillo, San Francisco Church and the "Witches Market" where vendors sell dried llama fetuses and frogs, dried llama dung, herbs, remedies and other ingredients used in Aymara traditions and rituals.



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DAY 2: La Paz City Tour & Moon Valley (Full Day)

Today you will discover the fascinating city of La Paz, on a full day city tour with lunch included in a local restaurant. The tour takes you through the Gold, Murillo and Costumbrista Museums and to the "Mirador de Killi Killi" viewpoint, offering magnificent views over La Paz. You will also visit various street markets including a traditional market where agricultural products from the highlands, such as quinoa, tunta, chuño (dehydrated potato) and oca (sweet tuber) are sold and the Witches Market, where locals buy supplies for ritual ceremonies like the Ch'alla and offerings to Pachamama (Mother Earth). We take the "Teleférico" cable car that gives an excellent and beautiful view of La Paz. The tour then passes through the modern, affluent residential area of the city on the way to the Valley of the Moon, where a clay mountain has been impressively shaped by erosion resulting in a formation that resembles the face of the moon. At the end of the tour you will be returned to your hotel.



BOLIVIA - DISCOVER LA PAZ

DAY 3: Tiwanaku Ruins

Tiwanaku is a 1.5 hour drive from La Paz, located near the southern shores of Lake Titicaca on the Altiplano, at an altitude of 3,850 metres. Tiwanaku was the spiritual and political centre of the Tiwanaku culture that dates back to 1500BC - 1000AD. It was one of the most important pre-Inca civilizations and considered to be among the most developed at the time. The Tiwanaku people were outstanding in agriculture, hydraulics, architecture and medicine, as well as in social organization, but due to an economic crisis caused by a long dry season, Tiwanaku collapsed around 1,000 AD. The city of Tiwanaku was the capital of this powerful pre-Hispanic empire that dominated a large area of the southern Andes and beyond, reaching its height between 500 and 900 AD. Most of the ancient city, built largely from adobe, has been overlaid by the modern town. The monumental stone buildings of the ceremonial centre, however, survive in the protected archaeological zones. The main constructions visited during this tour include the Kalasasaya Temple and the Gate of the Sun constructed out of stone, Ponce and Fraile monoliths, the Pyramid of Akapana and the semi-underground temple. We also visit two local museums to view pottery and stone work and to learn more about the culture.



DAY 4: Transfer to airport for onward destination

You will be collected from your hotel at the appropriate time and transferred to the airport for your onward flight.



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INCLUSIONS & DETAILS

Accommodation

Hotels

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| Inclusions | <ul style="list-style-type: none"> • Local English-speaking guides • Entrances fee to sites mentioned in the itinerary • Accommodation in a standard room |
| | <p>NOT INCLUDED:</p> <ul style="list-style-type: none"> • Early check-in, late check-out • International or domestic airfares • Airport Taxes • Tips • Evening taxi rates • Meals not mentioned in the itinerary • Beverages |
| Difficulty Rating | 1 (easy) |
| Single Surcharge | Available upon request |
| Notes | Transfers from Puno to La Paz can easily be added into this tour. |
| Price Dependent upon | Season and availability. |

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SUSTAINABILITY

Chimu Adventures undertakes a number of sustainability measures within its operations including:

- 1) Only using local guides and office staff to both maximise local employment opportunities and minimise carbon footprints. Local guides also ensure you benefit from the intimate knowledge, passion and culture of the country you're visiting.
- 2) Where possible, using locally owned and operated boutique hotels to maximise the return to the local community.
- 3) Chimu's "Pass it on" programme has provided funding to hundreds of local community projects in Latin America. Our aim is to empower local communities, helping them to develop their own infrastructure for the future. Since 2006, we have been working with Kiva (a well-known Non-Governmental Organisation), providing hundreds of loans to local businesses all over South America.
- 4) In our pre tour information we provide a range of tips and advice on how to minimise your impact on both local environments and communities.
- 5) Chimu Adventures' offices also take a number of sustainability measures including carbon offsets for company vehicles and most staff travel. Chimu Adventure's internal processes are also structures to create a paperless office and to reduce waste. There are also internal programmes to help staff minimise their carbon footprint such as our staff bike purchase assistance plan which encourages office staff to commute to work via

BOLIVIA - DISCOVER LA PAZ

bicycle. Currently almost half of our office based staff commute to work via bicycle.

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