

INTRODUCTION

ITINERARY

DAY 1: Arrival transfer in San Jose

On arrival, please make your way through to the Arrivals Hall where our representative will be waiting for you to transfer you to your hotel. He/she will be holding a sign with your name on it. Should you not be able to locate them, please refer to the front of your itinerary for emergency contact details of our representative office.

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DAY 1: Arrival in San Jose

Affectionately called Chepe (the local nickname for anyone named Jose) by its inhabitants, San José is perched at an elevation of 1150m, with the Poás, Barva, and Irazú volcanoes rising gracefully over the city to the north, and the rugged Talamanca mountains to the south. San José's magnificent National Theater, outstanding museums, and beautiful plazas are centered around the city core, within walking distance of one another.

DAY 2: San Jose to Tortuguero

You will arrive to Caño Blanco to take a boat transfer to your hotel where you will be received with a welcome cocktail. Time to relax and rest at the hotel. After lunch at the hotel you will visit downtown Tortuguero and the Caribbean Conservation Corporation's visitor center and turtle museum. Dinner will be served back at the hotel.

DAY 3: Tortuguero National Park

After breakfast, guided walking tour through the trails. Free time before lunch. In the afternoon, visit to Tortuguero National Park, exploring the canals in small, open boats to allow a better visibility. Dinner included. NOTE: Optional night walk (not included in the package) from July to September to see the nesting of the green turtles.



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	DURATION
	14 Days
1	LOCATIONS
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TRIP CODE



DAY 4: Tortuguero to Puerto Viejo

After leaving the hotel you will depart to Caño Blanco town where you will stop for lunch at a local restaurant. Meet your transfer to take you to your next destination, Puerto Viejo. Take a boat and land transfer fom Tortuguero to Guapiles.



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DURATION
14 Days
LOCATIONS
Not Available
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DAY 4: Puerto Viejo

Originally called Old Harbour, Puerto Viejo is a coastal town on the Caribbean in the southeast of Costa Rica. It is home to many beautiful beaches including Playa Chiquita, Playa Negra and Punta Uva and it is known to surfers for having the largest and most powerful waves in the country, Salsa Brava. The town has an interesting mix of cultural influences including Latino, Afro-Caribbean and indigenous Bribri.

DAY 5: Puerto Viejo: Free Day

Breakfast at the hotel. Day at leisure



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DAY 6: Puerto Viejo - Arenal

Breakfast at the hotel. The Northern Region offers a landscape of exceptional beauty with its forests, lagoons, fields of crops, rivers with hot springs, and the most active volcano in Costa Rica. Shuttle transfer from Puerto Viejo-Arenal



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DAY 6: Arrival in Arenal

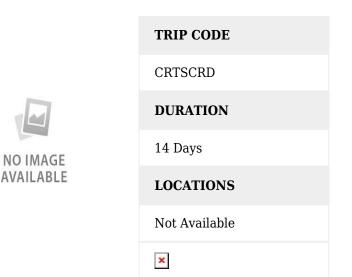
Encircling the country's most active volcano, Arenal Volcano national park spreads over 120sq km. Rising from the San Carlos Plains, the majestic Arenal is one of Costa Rica's most rewarding sights. Arenal ceased activity between the 13th and 16th centuries, and stayed inactive until July 29, 1968, when an earthquake awakened the sleeping giant. The perfectly conical 1650m high volcano emits lava and fumes constantly. The degree of activity varies from week to week; sometimes there is a spectacular display of flowing red-hot lava and incandescent rocks flying through the air; at other times, the volcano is more placid and quiet.

DAY 7: Arenal: Free Day

After breakfast at the hotel, the remainder of the day is free for optional activities. You may like to explore Arenal Volcano National Park and hike through the secondary rainforest or take a tour to the Hanging Bridges, one of the greatest ecotouristic projects of Costa Rica where you can discover the rainforest surrounding the Arenal Volcano from an unrivalled perspective. Other options include a visit to one of the regions natural thermal springs such as Tabacon or maybe a floating safari.

DAY 8: Arenal-Monteverde

After breakfast at the hotel, you will take a shuttle transfer to Monteverde via Arenal Lake. On arrival, check into your hotel and the remainder of the day is then free at leisure. Monteverde is a Quaker settlement in the mountainous northwest of Costa Rica. Nearby, the stunningly beautiful Monteverde Cloud Forest Reserve houses 2.5% of the world's biodiversity and is home to thousands of species of plants and animals including jaguars and ocelots as well as over 400 species of birds, including the colourful resplendent quetzal.







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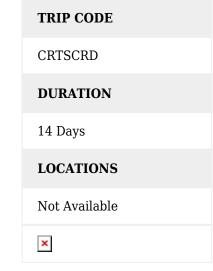
DAY 9: Monteverde Cloud Forest Reserve Guided tour

This Reserve of more than 4025 hectares, is one of the most important protected areas in Costa Rica. It is visited by nature lovers desiring to appreciate and study the abundant biodiversity of its ecosystems. It supports four different bioclimatic communities (Life Zones). There are over 100 species of mammals, more than 400 species of birds, including the Threatened Bellbird, Bare necked Umbrellabird and Resplendent Quetzal, 120 species of amphibians and reptiles, and 3000 species of plants (among them 500 different kinds of orchids), as well as tens of thousands of insect species.

DAY 10: Shuttle Monteverde - Manuel Antonio

Shuttle transfer from Monteverde to Manuel Antonio.







DAY 10: Arrival in Manuel Antonio

Manuel Antonio is one of the most popular National Parks in Costa Rica. Once an island, the park is now connected to the coast by a thin strip of land. Surrounded by beautiful blue green waters, pristine white sandy beaches meet the rainforest and the mountains. The National Park has a great system of trails that wind through the rainforest-lined tropical beaches and over rocky headlands with unforgettable views across the bay to the outer islands. The park is home to a rich array of wildlife including white-faced, mantled-howler and red-backed squirrel monkeys, two and three-toed sloths, racoons, coatis, iguanas and a number of species of birds.

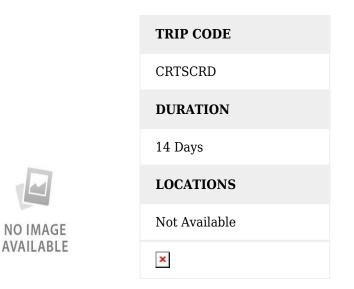


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DAY 11: Manuel Antonio National Park

Is one of the most famous in our country due to its wide variety of flora and fauna. The park has 3 different trails that go from flat to very steep. On this tour, a very knowledgeable nature guide will walk you through the Manuel Antonio National Park, explaining the mysteries of the rainforest. The trail you will take is flat and picturesque and loops through the park making your course about 2 miles long. Throughout your hike your guide will stop and teach you about the park's natural history, which include exhaustive descriptions of animals and plants that can be observed during the hike. Along the way, you can take pictures or just admire the view. One of the highlights of this tour is that Manuel Antonio hosts 3 of the 4 existing tropical primates (monkeys) living in Costa Rica. Half way through the hike, you will enjoy a leisure stop at the worldwide famous Third Beach. Once there you can rest on the beach or play with the waves. This stop is about 20 minutes. Throughout the hike is common to see sloths, birds and reptiles as well as admire orchids, butterflies and tropical trees.



DAY 12: Manuel Antonio Free Day

Day at leisure.



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DAY 13: Transfer Manuel Antonio - San Jose

At the appropriate time, you will be transferred from Manuel Antonio to San Jose.



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DAY 14: Departure transfer in San Jose

You will be collected from your hotel at the appropriate time and transferred to the airport for your onward flight.



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TRIP CODE	
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DURATION	
14 Days	
LOCATIONS	
Not Available	
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INCLUSIONS & DETAILS

Accommodation Inclusions

Difficulty Rating

Single Surcharge

Notes

Price Dependent upon

Not Available

Standard

Not Available

Record Not Available

Not Available

Not Available

SUSTAINABILITY