

COSTA RICA - COSTA RICA BEACH & FOREST ESCAPE



TRIP CODE

CRTSLR4

DURATION

4 Days

LOCATIONS

Costa Rica



INTRODUCTION

Join us to explore Central America's last remaining tropical rainforest in Costa Rica's wild Osa Peninsula, a paradise for lovers of wildlife, birding, nature and beaches.

Enjoy a great variety of land and water-based tours and activities in this magical place, home to a plethora of incredible wildlife, including monkeys, scarlet macaws, pumas, toucans, tree frogs and thousands of other creatures! this will be the experience of a lifetime!

ITINERARY

DAY 1: Arrival

Private transfer to the airport to take a domestic flight to Puerto Jiménez. At arrival, you will be guided to the Reception Office where refreshment will be offered. After disconnecting with the outside world, you are ready to continue the adventure in the rainforest in a bumpy and scenic road during 45 minutes. When arriving to Lapa Rios, the lodge's manager will met you and will explain about Lapa Rios history, mission, vision and goals. Rest your body and soul after a delicious lunch taking a nap in the hammock of your comfortable bungalow or take a refreshing dip into the swimming pool. An exquisite three courses meal will be served in the restaurant for dinner.



NO IMAGE
AVAILABLE

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DAY 2: Guided Tour

Wake up with the stunning sunrise behind the Golfo Dulce in front of your eyes. Have a delicious breakfast with tropical fruits and locally harvested ingredients before getting ready for a new exciting day. A selection of on-site guided tours such as the early and sunset birds tour, the wild waterfall hike, the local medicine tour, the rain forest ridge walk, the Osa trail hike, the Matapalo Tour, the night walk and the pigs, twigs and garbage Tour In the afternoon, prepare your senses to take one hour of a therapeutic massage (not included) and join other guests afterwards at Lapapalapa Bar for a tropical cocktail before diner.



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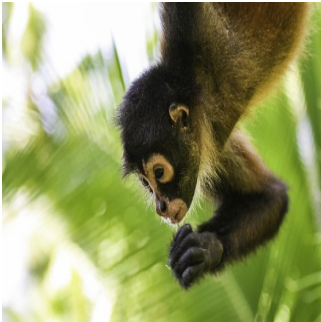
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DAY 3: Osa Trail Hike

Breakfast. Get ready with the sunrise for another day of adventure. You might want to get immersed in the real rainforest. The Osa Trail hike will lead you into the deep primary forest in the Lapa Rios private reserve. The tour departs Lapa Rios at 8:15 a.m. and returns at noon. For the rest of the afternoon relax on the sun bed in your private balcony while hearing the toucans, macaws and sound of the waves or take time to relax in the fresh water pool. Join other guests at the scenic Brisa Azul Restaurant for a glass of wine or a cocktail before dinner.



DAY 4: Departure


Breakfast. If your flight out of Puerto Jimenez is at noon, you might wake up early and take the Early Bird guided tour. This tour leaves at 5:30 a.m. and returns at 8:00 a.m. During the tour you will spot a wide variety of migrant and stationary colorful birds as in no other part in Costa Rica. Transfer to Puerto Jimenez airstrip to take a domestic flight back to San José. At arrival, private transfer to Juan Santamaría International Airport to take your flight back home. Check in at airline counter must be done three hours prior to flight departure.



INCLUSIONS & DETAILS

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Accommodation	Deluxe
Inclusions	Accommodation in one of our luxury bungalows Private arrival and departure transfers 3 extraordinary meals per day Activities as stated on the itinerary
Difficulty Rating	2 (light adventure)
Single Surcharge	Available upon request
Notes	Accommodation in luxury bungalow Private arrival and departure transfers 3 meals per day Activities as stated on the itinerary Exclusions Visa fees (if applicable) Airport tax (if applicable) Personal expenses Optional activities not mentioned in itinerary Gratuities for staff/guides
Price Dependent upon	Season and availability

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SUSTAINABILITY

- Chimu Adventures undertakes a number of sustainability measures within its operations including:
- 1) Only using local guides and office staff to both maximise local employment opportunities and minimise carbon footprints. Local guides also ensure you benefit from the intimate knowledge, passion and culture of the country you’re visiting.
 - 2) Where possible, using locally owned and operated boutique hotels to maximise the return to the local community.
 - 3) Chimu’s “Pass it on” programme has provided funding to hundreds of local community projects in Latin America. Our aim is to empower local communities, helping them to develop their own infrastructure for the future. Since 2006, we have been working with Kiva (a well-known Non-Governmental Organisation), providing hundreds of loans to local businesses all over South America.
 - 4) In our pre tour information we provide a range of tips and advice on how to minimise your impact on both local environments and communities.
 - 5) Chimu Adventures’ offices also take a number of sustainability measures including carbon offsets for company vehicles and most staff travel. Chimu Adventure’s internal processes are also structures to create a paperless office and to reduce waste. There are also internal programmes to help staff minimise their carbon footprint such as our staff bike purchase assistance plan which encourages office staff to commute to work via

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bicycle. Currently almost half of our office based staff commute to work via bicycle.

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