

## PERU - THE SALKANTAY ADVENTURE



### INTRODUCTION

[This Trek is also available to do on horseback - Contact us for more details.](#)

### ITINERARY

#### DAY 1: Pre-Trek Briefing

This evening at 1900 hours (7pm) Mountain Lodges of Peru will hold a pre-trek briefing in El Mercado Hotel's restaurant. You will meet your guide and fellow travellers and receive a detailed briefing of your upcoming adventure.



#### TRIP CODE

PETSST7

#### DEPARTURE

Departs Daily March to December

#### DURATION

8 Days

#### LOCATIONS

Cusco, Rio Blanco Valley, Machu Picchu.



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### DAY 2: Cusco to Salkantay Lodge

After an early breakfast, we are picked up starting at 7:00 am at your Cusco hotel by a guide and vehicle. En route we take a short break to visit the Archeological site of Tarawasi near the town of Limatambo (approx. 1.5 hrs from Cusco). After leaving Limatambo, we pass through the mountain village of Mollepata where we stop for a short coffee break before ascending a winding mountain road to a place called Marcoccasa (30 minutes from Mollepata by vehicle). Here, we begin our trek to Soraypampa, on an old route called the "Camino Real" (Royal Path). This is a good opportunity for everyone to acclimate, while enjoying a beautiful six hour trek. Salkantay Lodge takes its name from the majestic peak at the head of the valley - Mt. Salkantay, the second most sacred peak in Inca mythology and, at 6,270 m (20,600 ft), the highest in the region. After a warm welcome by our friendly staff, we are shown to our rooms and have time to freshen-up, before tea and cookies. The trip leader will hold a briefing by the fireplace, followed by aperitifs and dinner.



### DAY 3: Hike to Humantay Lake

Today we take an acclimatization hike on the slopes above the lodge to Lake Humantay, fed by the hanging glaciers of Mt. Humantay. The hike is optional, but the views are amazing, and those brave enough can even go for a dip. We return to the lodge for lunch with your afternoon at leisure, after which you may choose to trade the glacial swim for a relaxing soak in our outdoor jacuzzi. We spend the night at the Salkantay Lodge with gourmet food and warm, comfortable beds. In the evening, the guide briefs us on gear and the itinerary for the following day. All meals are served at the Lodge.



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### DAY 4: Crossing the Salkantay Pass

This is the big day! After an early start, we hike up the Rio Blanco valley, circling Humantay Peak across from Salkantay Peak. The highest point on the trek is the Salkantay Pass at 4,638 m (15,213 ft). At the pass we stop to take in views of snowcapped peaks of the Vilcabamba Range in every direction, the glaciated south face of Salkantay towering above us. We will keep our eyes out for Andean condors, often visible in this area. From the pass we descend towards Wayra Lodge ("Wayra": wind; from the name of the location "Wayracmachay": 'the cave where the wind lives') our destination for the evening. A hot lunch is served en route; dinner and overnight at the Lodge.



### DAY 5: Descending into the Cloud Forest

On this day we enjoy a leisurely breakfast at Wayra Lodge. Then we continue our descent along the left bank of the Salkantay River, through increasingly verdant scenery. We can feel the warm air rising from the jungle, accompanied by colorful butterflies and striking orchids. Upon arrival at Colpa Lodge we are greeted with a Pachamanca, a traditional festive Peruvian meal cooked by layering meat and vegetables with hot stones. Everything is then covered with hot stones. Plantain leaves, high Andean grass and local herbs and the contents are baked in this underground oven. Colpa Lodge is located on an open plateau at the confluence of three rivers. The outdoor jacuzzi has panoramic views of lush green mountains. We spend the afternoon relaxing or exploring the nearby orchid trail. Dinner and overnight at the lodge.



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### DAY 6: Following the Santa Teresa River Valley

Today we hike along the Santa Teresa river valley, through more populated rural areas. We pass through banana, granadilla, and avocado orchards and coffee plantations (said to be one of the best organic coffees in the world). A hot picnic lunch is served by the river. After lunch, we hike another hour before a private vehicle meets us for a short drive to the beginning of the "Llactapata Inca Trail" (aprox. 30 minutes). From the head of the newly restored Inca trail we easily make our way to Lucma Lodge, set in an avocado orchard. On the way we visit an organic coffee plantation where we join the owner on a short tour of the farm and learn how coffee is grown, harvested, dried and processed. Dinner and overnight at the lodge.



### DAY 7: First Views of Machu Picchu from Llactapata Pass

After a hearty breakfast, we tackle the last day of our trek. We head uphill for 2-3 hours towards Llactapata Pass (2,736 m/8,974ft), where we come upon a distant but spectacular view of Machu Picchu Sanctuary from the southeast, a view few travelers ever get a chance to admire. We take a short break to explore the Archeological site of Llactapata, which have recently been restored. Lunch is served at a scenic viewpoint, looking out to Machu Picchu. After which we begin our final descent to the Aobamba River through lush bamboo forests, orchards and coffee plantations. We then board a train for a scenic ride (approx. 1 hour) to Aguas Calientes, the town of Machu Picchu. Upon arrival, we check into an award-winning hotel for a celebration dinner with our guide and one last briefing!



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### DAY 8: Visit Machu Picchu Sanctuary

After a very early buffet breakfast at the hotel, we make our way to the bus station for the ride up to Machu Picchu Sanctuary (30 min). Our trip leader will give an introductory 2 hour guided tour of the ruins, after which we have the option of climbing the steep staircase of Huayna Picchu, a steep and vertically quite challenging hike that takes about 2 hours which affords great views of Machu Picchu. Afterwards, we meet up with our guide again and return by bus to Aguas Calientes for a late lunch and to catch our train. The ride from Aguas Calientes to Ollantaytambo takes about 1½ hours, and then a private vehicle will drive us back to Cusco (an additional 1½ hour). Upon arrival in Cusco (approximately 7 or 8 p.m.), we are dropped off at your hotel.



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## INCLUSIONS & DETAILS

#### Accommodation

Standard

#### Inclusions

Accommodation as specified  
All meals daily  
Non-alcoholic beverages with meals  
Transportation Cusco to Cusco  
Services of experienced guides  
Activities as stated in itinerary

#### EXCLUSIONS:

International flights  
Alcoholic beverages  
Personal expenses  
Gratuities for guides/staff  
Visa and reciprocity fees (if applicable)

#### Difficulty Rating

5 (High altitude and good fitness required in many areas)

#### Single Surcharge

Available upon request. Contact us for more details.

#### Notes

All entrance fees are subject to change without prior notice.  
This is a Tailor-Made itinerary which can be customised to create your own unique journey. Contact us to discuss your travel plans.

#### Price Dependent upon

Departure date, seasonality and availability.

## PERU - THE SALKANTAY ADVENTURE

### SUSTAINABILITY

Being environmentally accountable is a crucial part of our organisation. Chimu is currently striving towards using less paper, taking several initiatives to do so and tracking our progress along the way. Our goal: A paperless organisation. For this reason, all information given to you will be sent electronically. We encourage those who choose to travel with us to support our aspirations and actions and ask that you reconsider printing out documentation. To view these documents, you can download them to your iPad or portable computer before and during your trip.

Chimu is passionate and dedicated to sustainability measures and understands the crucial part sustainability plays within the tourism industry.

We use local guides and office staff to both maximise local employment opportunities and minimise carbon footprint. Local guides also ensure you benefit from the intimate knowledge, passion and culture of the country you're visiting. Our guides are all highly qualified (most with university degrees) or equip with many years of experience and are paid above the standard wage. Whether it be our knowledgeable local guides, locally produced meals or the transport on tour, we do not use imported goods when local products are available. We aim to minimise our impact on the environment and give as much back as possible to the communities we work in.

Your itinerary will have you staying in the Mountain Lodges of Peru. These incredible lodges are a mindful and innovative player in the tourism industry in Peru. The Mountain Lodges of Peru sponsor Yanapana, a non-for-profit association committed to reducing poverty in the Andean Highlands. While visiting the many national parks, heritage sites, museums and landmarks our travellers are encouraged to explore remain culturally aware and sensitive. We further encourage you to buy appropriate souvenirs and discourage the buying of anything wrongfully made or taken from the environment i.e. shells and endangered species products. Information on how you can be environmentally conscious, and travel responsibly will be made available in our Travellers Guides and provided during your travels by guides and staff.

For more information on our sustainability policies, including how we are striving towards being a paperless organisation, click [HERE](#)

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