

ANTARCTIC EXPRESS



INTRODUCTION

LAST MINUTE SAVINGS: Book and save up to 10% OFF* on selected 2019/20 voyages

Skip the four days of Drake Passage crossings and optimize your Antarctica experience by flying! A short three-hour flight is all it takes to travel between Punta Arenas, Chile and King George Island. Once in Antarctica, you will be overwhelmed by the sheer beauty and dramatic landscapes of the White Continent. Within hours of your departure you'll be greeted by our team of Antarctic experts on board the ship and be on the lookout for penguins and whales in Antarctica. Beaches dotted with leopard seals and penguins give way to icy plateaus, with snow-capped mountain peaks looming behind.

ITINERARY

DAY 1: Punta Arenas, Chile

Your adventure begins in Punta Arenas, Chile, the most populated city in Patagonia. If you arrive early, there are many museums, restaurants and shops to keep you busy for days. By early afternoon, a representative will bring everyone together to your starting hotel, where you'll enjoy a welcome dinner and be briefed about preparing for your embarkation day.



TRIP CODE

ACTSAEFD

DEPARTURE

03/12/2019, 08/12/2019, 13/12/2019, 10/01/2020, 15/01/2020, 07/12/2020, 12/12/2020, 17/12/2020, 22/12/2020, 27/12/2020, 16/01/2021

DURATION

8 Days

LOCATIONS

Antarctica



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DAY 2: Embarkation Day

Your charter flight from Punta Arenas to Antarctica will have you crossing the infamous Drake Passage in only a few hours. Way below, the ship is approaching King George Island ready for your arrival. The dramatic Antarctic landscapes soon become visible as your plane descends for landing in the South Shetlands. After landing, stretch your legs and spend some time exploring the island before being transferred by Zodiac to your ship. Meet the rest of your shipmates and set sail for the Peninsula!



DAY 3: Antarctic Peninsula & South Shetlands - Day 3 to 6

There are few places in the world as evocative as Antarctica. As we approach the White Continent, don't be surprised if you are overcome by feelings of excitement and awe. Much of Antarctica is indescribable and can only be fully appreciated through the human eye. Your first sightings will be from the ship itself. As the Captain and Expedition Team keep their eyes open for whales and seabirds, you'll be alerted to any new sightings. Our team of expert lecturers will also provide in-depth explanations of the geology, history and wildlife of the region. Even more exciting are your daily excursions to land. Your first Zodiac landing is something you'll never forget! Walking up to a beach that is dotted with penguins and seals is the most intimate way to experience the unique wildlife of Antarctica. Each landing is different and is dependent on weather, but every day presents new sightings and photo opportunities. You may take a Zodiac cruise in search of whales and icebergs around Pleneau Island one day, followed by a hike to a chinstrap rookery the next day. From the booming shot of a calving glacier at Petermann Island to the complete silence of night while camping in Antarctica, you'll welcome each day with the excitement and energy of a young child. Our Expedition Team will be with you all along, providing insights into the places you visit and offering photography tips to get the most out of your expedition.



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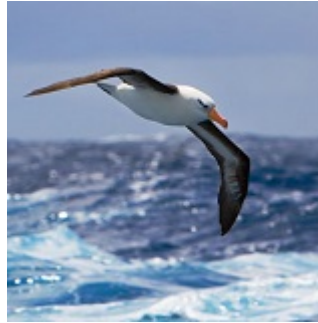
Antarctica



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DAY 7: Disembarkation and Fly to Punta Arenas

After your four days of exploration, you'll say goodbye to the Expedition Team and disembark at King George Island. Your three-hour flight across the Drake Passage to Punta Arenas, Chile brings your journey to an end. After we transfer you from the airport to the hotel, you can enjoy one final dinner (not included) to reminisce about all the sights and sounds of Antarctica.



DAY 8: Depart Punta Arenas

After breakfast, you will make your own way to the Punta Arenas airport for your homeward flight.



INCLUSIONS & DETAILS

Accommodation

Cabin

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Shipboard accommodation
 All breakfasts, lunches and dinners on board throughout your voyage
 All shore landings per the daily program, weather permitting
 Leadership throughout the voyage by our experienced Expedition Leader
 All Zodiac transfers and cruising per the daily program
 Formal and informal presentations by our Expedition Team and guest speakers as scheduled
 Downloadable photographic journal documenting the expedition
 A pair of waterproof expedition boots on loan for shore landings
 An expedition parka to keep
 Coffee, tea and cocoa available around the clock
 Hair dryer and bathrobes in every cabin
 Comprehensive pre-departure materials, including a map and an informative Antarctic Reader
 All miscellaneous service taxes and port charges throughout the program
 All luggage handling aboard the ship
 Emergency Evacuation Insurance for all passengers to a maximum benefit of US\$100,000 per person
 Group transfer in Punta Arenas from the airport to the pre-expedition hotel on Day 1 of the itinerary (or one day prior)
 One night pre-expedition hotel accommodation in Punta Arenas with breakfast
 A briefing dinner on arrival day to prepare you for your trip
 Group transfer from hotel to airport in Punta Arenas pre-expedition
 Flights to and from Antarctica as specified in the itinerary
 Group transfer from airport in Punta Arenas to hotel post-expedition
 One night post-expedition hotel accommodation in Punta Arenas with breakfast

Inclusions

THIS EXPEDITION EXCLUDES
 Any airfare unless otherwise specified in the itinerary
 Passport and visa expenses
 Government arrival and departure taxes
 Any meals ashore unless otherwise specified
 Baggage, cancellation and medical travel insurance
 Excess baggage charges
 Laundry, bar, beverage and other personal charges unless specified
 Telecommunications charges
 The voluntary gratuity at the end of the voyage for shipboard staff and crew
 Transfer from hotel to airport at the end of the expedition

Note: Baggage allowance on charter flight is 33 lbs (15 kg) checked and 11 lbs (5 kg) carry-on.

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Difficulty Rating	2 (light adventure)
Single Surcharge	Available Upon Request
Notes	Itinerary is subject to change depending on weather and ice conditions. Contact us for more details
Price Dependent upon	Departure dates and availability

SUSTAINABILITY

GUIDANCE FOR VISITORS TO THE ANTARCTIC

RECOMMENDATION XVIII-1, ADOPTED AT THE ANTARCTIC TREATY MEETING, KYOTO, 1994

Activities in the Antarctic are governed by the Antarctic Treaty of 1959 and associated agreements, referred to collectively as the Antarctic Treaty System. The Treaty established Antarctica as a zone of peace and science.

In 1991, the Antarctic Treaty Consultative Parties adopted the Protocol on Environmental Protection to the Antarctic Treaty, which designates the Antarctic as a natural reserve. The Protocol sets out environmental principles, procedures and obligations for the comprehensive protection of the Antarctic environment, and its dependent and associated ecosystems. The Consultative Parties have agreed that as far as possible and in accordance with their legal system, the provisions of the Protocol should be applied as appropriate. The Environmental Protocol was ratified in January 1998.

The Environmental Protocol applies to tourism and non-governmental activities, as well as governmental activities in the Antarctic Treaty Area. It is intended to ensure that these activities, do not have adverse impacts on the Antarctic environment, or on its scientific and aesthetic values.

This Guidance for Visitors to the Antarctic is intended to ensure that all visitors are aware of, and are therefore able to comply with, the Treaty and the Protocol. Visitors are, of course, bound by national laws and regulations applicable to activities in the Antarctic.

PROTECT ANTARCTIC WILDLIFE

Taking or harmful interference with Antarctic wildlife is prohibited except in accordance with a permit issued by a national authority.

Do not use aircraft, vessels, small boats, or other means of transport in ways that disturb wildlife, either at sea or on land.

Do not feed, touch, or handle birds or seals, or approach or photograph them in ways that cause them to alter their behavior. Special care is needed when animals are breeding or molting.

Do not damage plants, for example by walking, driving, or landing on extensive moss beds or lichen-covered scree slopes.

Do not use guns or explosives. Keep noise to the minimum to avoid frightening wildlife.

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Do not bring non-native plants or animals into the Antarctic, such as live poultry, pet dogs and cats, or house plants.

RESPECT PROTECTED AREAS

A variety of areas in the Antarctic have been afforded special protection because of their particular ecological, scientific, historic, or other values. Entry into certain areas may be prohibited except in accordance with a permit issued by an appropriate national authority.

Activities in and near designated Historic Sites and Monuments and certain other areas may be subject to special restrictions.

Know the locations of areas that have been afforded special protection and any restrictions regarding entry and activities that can be carried out in and near them. Observe applicable restrictions.

Do not damage, remove, or destroy Historic Sites or Monuments or any artifacts associated with them.

RESPECT SCIENTIFIC RESEARCH

Do not interfere with scientific research, facilities or equipment.

Obtain permission before visiting Antarctic science and support facilities; reconfirm arrangements 24-72 hours before arrival; and comply with the rules regarding such visits. Do not interfere with, or remove, scientific equipment or marker posts, and do not disturb experimental study sites, field camps, or supplies.

BE SAFE

Be prepared for severe and changeable weather and ensure that your equipment and clothing meet Antarctic standards. Remember that the Antarctic environment is inhospitable, unpredictable, and potentially dangerous.

Know your capabilities and the dangers posed by the Antarctic environment, and act accordingly. Plan activities with safety in mind at all times.

Keep a safe distance from all wildlife, both on land and at sea.

Take note of, and act on, the advice and instructions from your leaders; do not stray from your group.

Do not walk onto glaciers or large snow fields without the proper equipment and experience; there is a real danger of falling into hidden crevasses.

Do not expect a rescue service. Self-sufficiency is increased and risks reduced by sound planning, quality equipment, and trained personnel.

Do not enter emergency refuges (except in emergencies). If you use equipment or food from a refuge, inform the nearest research station or national authority once the emergency is over.

Respect any smoking restrictions, particularly around buildings, and take great care to safeguard against the danger of fire. This is a real hazard in the dry environment of Antarctica.

KEEP ANTARCTICA PRISTINE

Antarctica remains relatively pristine, the largest wilderness area on Earth. It has not yet been subjected to large-scale human perturbations. Please keep it that way.

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Do not dispose of litter or garbage on land. Open burning is prohibited.
Do not disturb or pollute lakes or streams. Any materials discarded at sea must be disposed of properly.
Do not paint or engrave names or graffiti on rocks or buildings.
Do not collect or take away biological or geological specimens or man-made artifacts as a souvenir, including rocks, bones, eggs, fossils, and parts or contents of buildings.
Do not deface or vandalize buildings or emergency refuges, whether occupied, abandoned, or unoccupied.

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