



#### TRIP CODE

ACPOAWTF

#### DEPARTURE

20/10/2021

#### DURATION

24 Days

#### LOCATIONS

Antarctica



## INTRODUCTION

### BOOK AND SAVE: Up to 15%\* off select cabins\*

Embark on a 24 day journey to the spellbinding beauty of the frozen continent. On board the Sea Spirit, you will embark from Montevideo on a journey of unforgettable beauty and memories. Explore the sparsely populated Falkland Islands where large colonies of penguins reign and albatross take to the sky. Witness the supremely scenic wilderness environment of South Georgia where thousands of elephant seals jostle for space on rocky beaches. Snow capped peaks, glaciers and ice-strewn bays as you finally arrive and the graceful and stark beauty of the indescribable Antarctica.

## ITINERARY

## SEA SPIRIT

### DAY 1: Arrival in Buenos Aires

Welcome to Buenos Aires, the capital of Argentina. The name of the city can be translated as "fair winds" but it is also referred to as the "Paris of South America". This is an exuberant brew of traditions, languages and different types of cultures. Upon your arrival at the airport we provide a transfer to your hotel, which has been arranged by us and is included in the price of the voyage. For the rest of the day you are free to explore this welcoming city.



### DAY 2: Embarkation in Buenos Aires

We provide a group transfer to the pier and welcome you aboard the deluxe expedition ship M/V Sea Spirit. Explore the ship and get comfortable in your home away from home for the extraordinary adventure to come. Savor the anticipation of your Antarctic dreams coming true as we slip our moorings and sail toward a true wilderness where wildlife abounds.



### DAY 3: Sailing The South Atlantic - Day 3 - 5

Sailing south through the South Atlantic Ocean toward the Falkland Islands, you will need to keep a lookout for dolphins and whales. Presentations and workshops by your expert staff, as well as a range of onboard recreation facilities, ensure that these days at sea are not idly spent. The ship's stabilizing fins provide comfort in the event of rough seas.



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## SEA SPIRIT

### DAY 6: Falklands Islands Exploration - Day 6 & 7

The remote and sparsely populated Falkland Islands are a birders' paradise. You can anticipate a visit to one or more of the isolated outer islands where large colonies of penguins and albatross are easily accessible. The Falklands are also a great place to observe marine mammals. Fur seals and elephant seals can be found on sandy beaches while the waters in and around the archipelago are home to various whale and dolphin species. Your route and exploration opportunities are dependent on weather among these windswept islands. You may also visit Stanley, the charmingly British capital of the Falkland Islands. Attractions within pleasant walking distance along the waterfront promenade include the Falkland Islands Museum, the governor's house, a cathedral with impressive whalebone arch outside, a war memorial, quality gift shops, pubs, and views of shipwrecks in the harbor.



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### DAY 8: Southern Ocean Sailing - Day 8 & 9

From the Falkland Islands you head east toward South Georgia, passing the remote, seabird-covered pinnacles known as Shag Rocks on the way. You will also cross the Antarctic Convergence, the biological boundary of the Southern Ocean. Briefings, bio-security procedures, and lectures from your staff prepare you for your arrival in South Georgia.



## SEA SPIRIT

### DAY 10: South Georgia - Day 10 - 14

South Georgia the premier destination for subantarctic wildlife viewing in a supremely scenic wilderness environment. The islands are said to host upwards of 100 million seabirds, including numerous species of albatross, penguins, prions, petrels, and terns. On beaches such as those at Salisbury Plain and St. Andrews Bay, over 100,000 elephant seals and three million fur seals jostle for space among innumerable penguins including stately king penguins and sprightly macaroni penguins. Your route and exploration opportunities in South Georgia are dependent on the weather conditions we encounter. Your experienced captain and expedition leader decide the itinerary and continually adjust plans as conditions and opportunities warrant. Your days in South Georgia are filled with meaningful activities, presentations by your experts, and enough incredible scenery and wildlife to fill your camera and overwhelm your emotions.



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### DAY 15: Southern Ocean

After a memorable time in amazing South Georgia you proceed southwest toward the Antarctic Peninsula. Pelagic seabirds including the majestic wandering albatross are common in these waters and can readily be viewed from panoramic open decks or from exterior stateroom windows and balconies.



## SEA SPIRIT

### DAY 17: South Shetland & Antarctic Peninsula - Day 17 - 21

The Antarctic Peninsula region contains some of the world's most impressive scenery and wildlife viewing opportunities. Ice-strewn bays and channels are surrounded by towering mountain peaks covered in permanent snow and immense glaciers. Icebergs of every size and description complete an image of incomparable beauty. Waters rich with krill are home to a variety of whale and seal species. The whole area is alive with penguins foraging at sea and forming large nesting colonies at special places on land. Antarctic research stations of various nationalities can also be found here. The South Shetland Islands are the northernmost islands in Antarctica. This wild and beautiful island chain contains numerous landing sites rich with wildlife, fascinating geology, and historical significance. Your first encounter with Antarctica will likely be Elephant Island, where men from Shackleton's famous Endurance expedition spent the winter. You may also visit Deception Island, a flooded but still active volcanic caldera containing the remains of a derelict whaling station. Antarctica is a true wilderness and is subject to unpredictable weather and ever-changing ice conditions, which dictate your route and exploration opportunities. This is a real expedition where we exploit every opportunity to experience excellent wildlife viewing, amazing scenery, and Zodiac excursions.



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### DAY 22: Drake Passage & Beagle Channel - Day 22 & 23

From Antarctica you head north through the Drake Passage toward South America, always on the lookout for marine mammals and rare seabirds. Finally you enter the famous Beagle Channel between the Argentine and Chilean sides of Tierra del Fuego.



# SEA SPIRIT

## DAY 24: Disembark In Ushuaia

After breakfast you say farewell in the city of Ushuaia, the southernmost city in the world. We provide a group transfer to the airport or to the town center if you wish to spend more time here. As you look back on your wonderful experience in the Falklands, South Georgia and Antarctica, you may already be looking forward to your next incredible adventure to the ice!



## INCLUSIONS & DETAILS

|                      |   |
|----------------------|---|
| Accommodation        | Standard  |
| Inclusions           | 1 pre-voyage night at hotel<br>Group transfer from airport to hotel on day prior to departure<br>Group transfer to ship on day of departure<br>Branded Poseidon Expeditions park<br>Rubber boots for excursions for the time of voyage<br>All Port fees<br>All on board meals<br>All scheduled landings and excursions<br><b>Exclusions</b><br>Airfare<br>Visa and passport fees (if applicable)<br>Luggage and trip cancellation insurance<br>Staff gratuities<br>Pre or post-cruise travel expenses<br>Fuel surcharge may be applied for all bookings<br>soft drinks and alcoholic beverages other than those for special events and celebrations |
| Difficulty Rating    | 2 (light adventure)   |
| Single Surcharge     | Available upon request  |
| Notes                | Contact us for more details   |
| Price Dependent upon | Season and availability   |

## SUSTAINABILITY

### GUIDANCE FOR VISITORS TO THE ANTARCTIC

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## SEA SPIRIT

RECOMMENDATION XVIII-1, ADOPTED AT THE ANTARCTIC TREATY MEETING, KYOTO, 1994

Activities in the Antarctic are governed by the Antarctic Treaty of 1959 and associated agreements, referred to collectively as the Antarctic Treaty System. The Treaty established Antarctica as a zone of peace and science.

In 1991, the Antarctic Treaty Consultative Parties adopted the Protocol on Environmental Protection to the Antarctic Treaty, which designates the Antarctic as a natural reserve. The Protocol sets out environmental principles, procedures and obligations for the comprehensive protection of the Antarctic environment, and its dependent and associated ecosystems. The Consultative Parties have agreed that as far as possible and in accordance with their legal system, the provisions of the Protocol should be applied as appropriate. The Environmental Protocol was ratified in January 1998.

The Environmental Protocol applies to tourism and non-governmental activities, as well as governmental activities in the Antarctic Treaty Area. It is intended to ensure that these activities, do not have adverse impacts on the Antarctic environment, or on its scientific and aesthetic values.

This Guidance for Visitors to the Antarctic is intended to ensure that all visitors are aware of, and are therefore able to comply with, the Treaty and the Protocol. Visitors are, of course, bound by national laws and regulations applicable to activities in the Antarctic.

### PROTECT ANTARCTIC WILDLIFE

Taking or harmful interference with Antarctic wildlife is prohibited except in accordance with a permit issued by a national authority.

Do not use aircraft, vessels, small boats, or other means of transport in ways that disturb wildlife, either at sea or on land.

Do not feed, touch, or handle birds or seals, or approach or photograph them in ways that cause them to alter their behavior. Special care is needed when animals are breeding or molting.

Do not damage plants, for example by walking, driving, or landing on extensive moss beds or lichen-covered scree slopes.

Do not use guns or explosives. Keep noise to the minimum to avoid frightening wildlife.

Do not bring non-native plants or animals into the Antarctic, such as live poultry, pet dogs and cats, or house plants.

### RESPECT PROTECTED AREAS

A variety of areas in the Antarctic have been afforded special protection because of their particular ecological, scientific, historic, or other values. Entry into certain areas may be prohibited except in accordance with a permit issued by an appropriate national authority.

Activities in and near designated Historic Sites and Monuments and certain other areas may be subject to special restrictions.

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## SEA SPIRIT

Know the locations of areas that have been afforded special protection and any restrictions regarding entry and activities that can be carried out in and near them. Observe applicable restrictions.

Do not damage, remove, or destroy Historic Sites or Monuments or any artifacts associated with them.

### RESPECT SCIENTIFIC RESEARCH

Do not interfere with scientific research, facilities or equipment.

Obtain permission before visiting Antarctic science and support facilities; reconfirm arrangements 24-72 hours before arrival; and comply with the rules regarding such visits.

Do not interfere with, or remove, scientific equipment or marker posts, and do not disturb experimental study sites, field camps, or supplies.

### BE SAFE

Be prepared for severe and changeable weather and ensure that your equipment and clothing meet Antarctic standards. Remember that the Antarctic environment is inhospitable, unpredictable, and potentially dangerous.

Know your capabilities and the dangers posed by the Antarctic environment, and act accordingly. Plan activities with safety in mind at all times.

Keep a safe distance from all wildlife, both on land and at sea.

Take note of, and act on, the advice and instructions from your leaders; do not stray from your group.

Do not walk onto glaciers or large snow fields without the proper equipment and experience; there is a real danger of falling into hidden crevasses.

Do not expect a rescue service. Self-sufficiency is increased and risks reduced by sound planning, quality equipment, and trained personnel.

Do not enter emergency refuges (except in emergencies). If you use equipment or food from a refuge, inform the nearest research station or national authority once the emergency is over.

Respect any smoking restrictions, particularly around buildings, and take great care to safeguard against the danger of fire. This is a real hazard in the dry environment of Antarctica.

### KEEP ANTARCTICA PRISTINE

Antarctica remains relatively pristine, the largest wilderness area on Earth. It has not yet been subjected to large-scale human perturbations. Please keep it that way.

Do not dispose of litter or garbage on land. Open burning is prohibited.

Do not disturb or pollute lakes or streams. Any materials discarded at sea must be disposed of properly.

Do not paint or engrave names or graffiti on rocks or buildings.

Do not collect or take away biological or geological specimens or man-made artifacts as a souvenir, including rocks, bones, eggs, fossils, and parts or contents of buildings.

Do not deface or vandalize buildings or emergency refuges, whether occupied, abandoned, or unoccupied.

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