

## ANTARCTICA - ANTARCTICA AND SOUTH SHETLAND ISLANDS



### INTRODUCTION

Onboard our strong, ice-classed expedition vessel, Ocean Atlantic, we are sure to get close to the dramatic coastlines. Zodiac cruising and shore landings are an important and considerable part of the planned itinerary, enabling all expedition guests to set foot several times on the Antarctic continent, as well as the many surrounding sub-antarctic islands.

Departing Ushuaia in Argentina, we cross the mighty Drake Passage en-route for the South Shetland Islands, making Zodiac landings at penguin rookeries, research stations and fascinating lookouts along the way. Continuing southward, deep into the inlets of Antarctica, we pass the famous Gerlache Strait, where 3000-ft ice cliffs rise straight out of the still water. On no other journey can you experience so much pristine nature and varied wildlife in so few days! When Ocean Atlantic returns to Tierra del Fuego and Ushuaia, we pass close to the mythical Cape Horn - the southernmost point on South America and a celebrated maritime landmark.

Any voyage to Antarctica is an adventure, but with a maximum capacity of 198 guests aboard Ocean Atlantic, this cruise offers a unique experience for the few. Shore landings, excursions, lectures and whale safaris are easily accommodated to help you enjoy a matchless expedition experience.

### ITINERARY

#### TRIP CODE

ACTSASSI

#### DEPARTURE

25/10/2019, 05/01/2020,  
22/02/2020, 29/10/2020,  
04/12/2020, 12/01/2021

#### DURATION

10 Days

#### LOCATIONS

Antarctica



## ANTARCTICA - ANTARCTICA AND SOUTH SHETLAND ISLANDS

### DAY 1: Arrival Ushuaia

Arrive in Ushuaia, Argentina - the world's southernmost town. Explore the quaint city or local countryside. Alternatively, consider a day trip off the beaten path to the raw, natural archipelago of Tierra del Fuego. It's a hiker's paradise with rugged snow-capped mountains, glaciers, flower-filled meadows and boggy quagmires. In the afternoon, we board our ship, Ocean Atlantic. Our journey begins as we navigate through the calms of Beagle Channel, a strait in the Tierra del Fuego Archipelago.



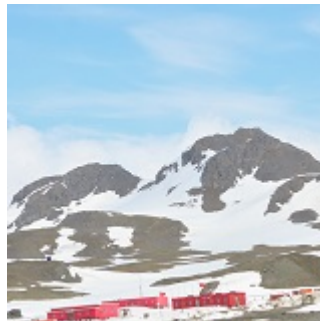
### DAY 2: At Sea - Cross Drake Passage - Day 2 & 3

Sailing onward, we cross the famed Drake Passage - a body of water that marks the intersection of the cold Antarctic with the warmer Atlantic and Pacific Oceans. Drake Passage is known for rollicking conditions and strong westerly winds, called the Roaring Fifties. While this passage may be challenging, you can rest confidently aboard our expedition vessel, Ocean Atlantic, which is purpose-built with stabilizers, powerful engines and a highly-qualified crew. The most spirited sailors consider Drake Passage a lifetime achievement, and you will complete the crossing twice! In the Drake, the excitement builds as Antarctic wildlife comes into view. Weather permitting, we will catch our first sight of seals and penguins! The area is also well-known for its abundance of birds.



### DAY 4: South Shetland Islands - Day 4 & 5

Over the next two days, we will explore to the sub-Antarctic islands of the South Shetland chain. Projected landfalls include: King George Island; Deception Island, an extinct volcano with waters warm enough for a polar swim; and Half Moon Island with nesting Wilson's storm petrels and chinstrap penguins. The itinerary and activities over the next few days depend on weather and ice conditions. The route and shore landings will be determined by the captain and expedition leader and communicated to guests through regularly scheduled briefings.



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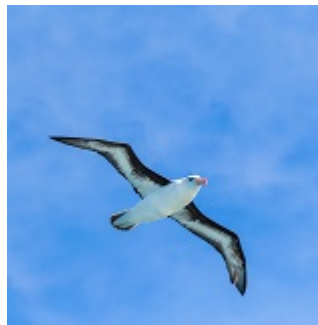
### DAY 6: Antarctic Peninsula - Day 6 & 7

As the white shimmer of Antarctica looms on our horizon, the presence of wildlife multiples by tens of thousands with many species of lively penguins, inquisitive seals, nesting birds and the spray of marine mammals. Wildlife abounds along our projected route along the Antarctic Peninsula: leopard, fur and Weddell seals of Cuverville Island; humpback whales of Gerlache Strait; Paradise Bay; the dramatic Lemaire Channel's orcas. The itinerary and activities over the next few days depend on weather and ice conditions. The route and shore landings will be determined by the captain and expedition leader and communicated to guests through regularly scheduled briefings.



### DAY 8: Depart Antarctica - At Sea - Day 8 & 9

On Day 8, we depart Antarctica and spend two days at sea on our way back to the calms of Beagle Channel and Ushuaia, Argentina. En-route, we will cross Drake Passage and cruise past Cape Horn, a legendary maritime landmark and the southern tip of South America. During our time at sea, a variety of activities will be arranged on board and it provides the perfect opportunity to socialise with fellow travelers.



### DAY 10: Back to Ushuaia and disembarkation

This morning, we arrive back in Ushuaia where our tour ends.



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## INCLUSIONS & DETAILS

#### Accommodation

Cabin on ship.

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<b>Inclusions</b>	Shipboard accommodation All meals onboard All scheduled landings/excursions Guiding and lectures by expedition leader and team English-speaking expedition team All port fees All landing fees Expedition parka A pair of boots for use during the voyage
	<b>EXCLUSIONS:</b> Airfares to/from embarkation and disembarkation city Visa fees (if applicable) Travel Insurance Beverages (other than coffee and tea) Personal expenses such as laundry, onboard communication (telephone calls, faxes, email service) Gratuities for the crew (recommended US\$15.00 per person per day) Pre or post cruise travel expenses Transfers to/from the pier in Ushuaia
<b>Difficulty Rating</b>	2 (light adventure)
<b>Single Surcharge</b>	Available upon request
<b>Notes</b>	Please note that itinerary is subject to change depending on weather and ice conditions
<b>Price Dependent upon</b>	Season and availability

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## SUSTAINABILITY

### GUIDANCE FOR VISITORS TO THE ANTARCTIC

#### RECOMMENDATION XVIII-1, ADOPTED AT THE ANTARCTIC TREATY MEETING, KYOTO, 1994

Activities in the Antarctic are governed by the Antarctic Treaty of 1959 and associated agreements, referred to collectively as the Antarctic Treaty System. The Treaty established Antarctica as a zone of peace and science.

In 1991, the Antarctic Treaty Consultative Parties adopted the Protocol on Environmental Protection to the Antarctic Treaty, which designates the Antarctic as a natural reserve. The Protocol sets out environmental principles, procedures and obligations for the comprehensive protection of the Antarctic environment, and its dependent and associated ecosystems. The Consultative Parties have agreed that as far as possible and in accordance with their legal system, the provisions of the Protocol should be applied as appropriate. The Environmental Protocol was ratified in January 1998.

The Environmental Protocol applies to tourism and non-governmental activities, as well as

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governmental activities in the Antarctic Treaty Area. It is intended to ensure that these activities, do not have adverse impacts on the Antarctic environment, or on its scientific and aesthetic values.

This Guidance for Visitors to the Antarctic is intended to ensure that all visitors are aware of, and are therefore able to comply with, the Treaty and the Protocol. Visitors are, of course, bound by national laws and regulations applicable to activities in the Antarctic.

### PROTECT ANTARCTIC WILDLIFE

Taking or harmful interference with Antarctic wildlife is prohibited except in accordance with a permit issued by a national authority.

Do not use aircraft, vessels, small boats, or other means of transport in ways that disturb wildlife, either at sea or on land.

Do not feed, touch, or handle birds or seals, or approach or photograph them in ways that cause them to alter their behavior. Special care is needed when animals are breeding or molting.

Do not damage plants, for example by walking, driving, or landing on extensive moss beds or lichen-covered scree slopes.

Do not use guns or explosives. Keep noise to the minimum to avoid frightening wildlife.

Do not bring non-native plants or animals into the Antarctic, such as live poultry, pet dogs and cats, or house plants.

### RESPECT PROTECTED AREAS

A variety of areas in the Antarctic have been afforded special protection because of their particular ecological, scientific, historic, or other values. Entry into certain areas may be prohibited except in accordance with a permit issued by an appropriate national authority.

Activities in and near designated Historic Sites and Monuments and certain other areas may be subject to special restrictions.

Know the locations of areas that have been afforded special protection and any restrictions regarding entry and activities that can be carried out in and near them. Observe applicable restrictions.

Do not damage, remove, or destroy Historic Sites or Monuments or any artifacts associated with them.

### RESPECT SCIENTIFIC RESEARCH

Do not interfere with scientific research, facilities or equipment.

Obtain permission before visiting Antarctic science and support facilities; reconfirm arrangements 24-72 hours before arrival; and comply with the rules regarding such visits. Do not interfere with, or remove, scientific equipment or marker posts, and do not disturb experimental study sites, field camps, or supplies.

### BE SAFE

Be prepared for severe and changeable weather and ensure that your equipment and clothing meet Antarctic standards. Remember that the Antarctic environment is inhospitable, unpredictable, and potentially dangerous.

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Know your capabilities and the dangers posed by the Antarctic environment, and act accordingly. Plan activities with safety in mind at all times.  
 Keep a safe distance from all wildlife, both on land and at sea.  
 Take note of, and act on, the advice and instructions from your leaders; do not stray from your group.  
 Do not walk onto glaciers or large snow fields without the proper equipment and experience; there is a real danger of falling into hidden crevasses.  
 Do not expect a rescue service. Self-sufficiency is increased and risks reduced by sound planning, quality equipment, and trained personnel.  
 Do not enter emergency refuges (except in emergencies). If you use equipment or food from a refuge, inform the nearest research station or national authority once the emergency is over.  
 Respect any smoking restrictions, particularly around buildings, and take great care to safeguard against the danger of fire. This is a real hazard in the dry environment of Antarctica.

### KEEP ANTARCTICA PRISTINE

Antarctica remains relatively pristine, the largest wilderness area on Earth. It has not yet been subjected to large-scale human perturbations. Please keep it that way.

Do not dispose of litter or garbage on land. Open burning is prohibited.  
 Do not disturb or pollute lakes or streams. Any materials discarded at sea must be disposed of properly.  
 Do not paint or engrave names or graffiti on rocks or buildings.  
 Do not collect or take away biological or geological specimens or man-made artifacts as a souvenir, including rocks, bones, eggs, fossils, and parts or contents of buildings.  
 Do not deface or vandalize buildings or emergency refuges, whether occupied, abandoned, or unoccupied.

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