

# ECUADOR - ECUADOR AMAZON EXTENSION | LA SELVA LODGE



## INTRODUCTION


A stay at the luxurious La Selva Lodge is an experience that will be banked amongst your life-time highlights. Tastefully appointed, spacious and incredibly comfortable, this ecolodge is nestled amongst virgin Amazonian rainforest in Ecuador, home to the most diverse set of species on the planet. Your multi-day stay is an adventure from the very beginning as you are transferred from the high altitudes of Quito down into the the Amazon basin and deep into the rainforest, to a secluded lake and the comfort of La Selva lodge. You'll be greeted by friendly and knowledgeable staff who will look after you for the entirety of your stay.

There are a multitude of trails around the lake on which your guides will take you to spot a plethora of local wildlife, be sure to look for the smaller creatures as well as the large as they are all fascinating in their own way. You'll also spend time on canoes exploring the lake and surrounds, you'll climb to the top of the canopy to spot some of the many exotic Amazonian birds and visit the local village to learn about life in the lungs of our planet, the Amazon.

The food at La Selva is second to none, created from local produce, the chef's stop at nothing to showcase their talents and there's nothing better after a day exploring the Amazon than to kick back with a cocktail and marvel at the sight before you, as the lodge offers uninterrupted views of pure, raw, incredible nature.

### The La Selva Experience

Located within Ecuador's Yasun  Biosphere Reserve and on the borders of the famous Yasun  National Park - One of the most biodiverse areas of the planet - La Selva Amazon Ecolodge belongs to one of the first rainforest lodges in Ecuador. The main lodge and restaurant are the perfect spots to observe local birds or other wildlife while socializing with other visitors or simply relaxing with a cocktail. Typical Ecuadorian meals with local ingredients mixed with international dishes will be served to you while you settle back in your chairs and enjoy scenic views of the lake or surrounding forest. You will be accommodated in stylish, breezy and comfortable suites where you can admire the lake

<b>TRIP CODE</b>
ECTSLSV4
<b>DEPARTURE</b>
Daily (An Additional Cost Applies On Sundays)
<b>DURATION</b>
4 Days
<b>LOCATIONS</b>
Ecuador, Amazon


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view while relaxing in a hot tub or rainforest shower. Make use of the one-of-a-kind spa or try one of intimate yoga sessions on the jetty with a water view. Explore the rainforest from up close with one of the provided activities including canoeing, kayaking, walking, climbing or visiting native communities while accompanied by a knowledgeable English-speaking naturalist guide.

The recent enhancements are sure to elevate guests' stay and create memorable experiences. Here's what's new: **Natural Pool, Main Bungalow Observatory, and Samay Wasi (Resting Lounge).**

### Highlights:

**Star Gazing:** The night sky above La Selva is perfect for watching constellations. Skilled guides will help you out with identifying the constellations.

**Kayaking:** La Selva is one of the most biodiverse areas on the planet, there are thousands of exotic species waiting for you to discover right outside of the door. Borrow one of provided kayaks from the dock and start your journey alongside jungle shores. You'll have the opportunity to see monkeys, Hoatzins, and many tropical rainforest birds.

**Amazon Observation Tower:** Is 35 meters up from the forest floor. It's settled into the branches of a giant kapok tree, allowing you to observe life in the nearby forest canopy. From here, many different species of birds, insects, and monkeys, as well as different types of flowers can be seen. The tower offers countless chances for photography, filming and bird watching. The tower is located a 15-minute walk from the lodge. Skilled guides will accompany you to the observation in the morning or the afternoon.

**Combine your stay at La Selva Lodge in the Amazon with a trip to the Galapagos Islands on the [Elite](#), [Endemic](#), [Ocean Spray](#) or [Monique](#) for an exclusive saving! [Contact us](#) for more information and pricing.**

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## ITINERARY

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## DAY 1: Welcome to the Amazon

At the Quito International Airport, you will be met by one of our La Selva Eco-Lodge & Retreat representatives in the National Departure area, who will assist you with the check-in process and provide a short briefing about your journey. After a 30-minute flight to Puerto Francisco de Orellana “El Coca”, our representative will take you by private vehicle to our office along the Napo River pier. The next two hours will be spent in a motorized canoe, heading downriver and marking the beginning of an unforgettable Amazon experience. A box lunch and extra drinks will be provided during this part of the trip. At the end of the canoe ride, you will arrive at La Selva’s main dock, where the final leg of the journey will be completed in a paddle canoe. Your carry-on and camera equipment will be with you, while all other luggage will be transported by La Selva staff. Upon arrival, the manager will greet you with a refreshing beverage, snacks, and a short briefing about your stay. After some time to rest and unpack, a Naturalist Guide will introduce you to the tropical rainforest and the Amazon, providing essential information about La Selva’s operations. This knowledge will help you better understand and appreciate the unique ecosystem you have just entered. The adventure begins with a walk along the Matapalo Charapa Trail, named after the Strangler Fig (Ficus sp.), one of the remarkable trees found here. You’ll encounter mahogany trees over 400 years old, while your guide shares insights into the flora and fauna of the region. At this time of day, the soft natural light filters through the canopy, and both diurnal and nocturnal animals transition between their activities. As night falls, embark on a canoe ride across Garza Cocha Lagoon, where a spotlight will help locate caimans, bats, owls, and other nocturnal creatures. If the skies are clear, this is also a perfect opportunity for stargazing. Back at the bar, enjoy snacks and cocktails, or help yourself to unlimited tea and coffee at the beverage station. Finally, settle in for a delicious dinner, where our waiters will serve each course, allowing you to relax and enjoy the Amazonian hospitality.

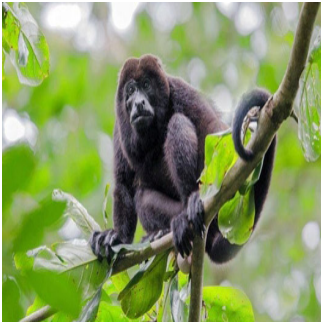



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## DAY 2: Discover Amazon Trails

La Selva Lodge have a set of activities daily which are subject to change depending on the day, time of year and the guides decisions based on the group’s interests and the organised operations. The excursions below are a good guide on what you can expect from day to day: After a 15-minute walk, the observation tower comes into view, soaring 120 feet above the forest floor. From this breathtaking vantage point, your Naturalist and Native Guides, with the help of a sighting scope, will point out colorful birds in the canopy and, with some luck, even a few primates. Continuing on foot for another 30 minutes, we reach Mandi Cocha, a small lake surrounded by diverse vegetation and unique flooded forest landscapes. This area is home to the elusive giant otters, an endangered species that, if fortunate, guests may have the rare opportunity to see in the wild. After lunch, we explore Garza Cocha Lake, considered one of the most beautiful lakes in the Ecuadorian Amazon. This is an excellent place to observe a variety of monkey species, including squirrel monkeys and capuchin monkeys, which often forage together in large groups. Howler monkeys also frequent the area, especially in the late afternoon. Among the many bird species here, the hoatzin stands out—an unusual, prehistoric-looking bird found only in the most pristine Amazonian habitats. As night falls, we embark on an exciting nighttime walk, where a flashlight and camera are all you need to witness the jungle come alive. With your guides leading the way, you may encounter amphibians, insects, reptiles, birds, and even nocturnal mammals, offering a whole new perspective on the Amazon’s incredible biodiversity.



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## DAY 3: Amazon Explorations

La Selva Lodge have a set of activities daily which are subject to change depending on the day, time of year and the guides decisions based on the group’s interests and the organised operations. The excursions below are a good guide on what you can expect from day to day: After an early breakfast, we’ll head back to the Napo River for a motorized canoe ride to the Parrot Clay Lick, one of the most spectacular wildlife displays in the Amazon. Here, hundreds of parrots and parakeets gather to consume the mineral-rich soil, an essential part of their diet. With the help of binoculars, you’ll have the perfect opportunity to witness this incredible natural phenomenon up close. Next, we’ll visit the indigenous Pilchi community, where you’ll gain insight into how the first nations of the Amazon lived thousands of years ago. Learn about their traditional dress, food, cooking methods, and how they use the forest’s natural resources in their daily lives. You’ll also have the chance to visit the local school and see how education plays a vital role in the community today. Don’t hesitate to ask questions or try some of their traditional drinks and food—the locals are always eager to share their knowledge and culture. (Please note: School visits are paused from June to September due to the summer break.) After lunch, we’ll set out on the Coto Trail, a beautiful forest walk leading to Garza Cocha Lake. In the afternoon, the soft sunlight filters through the trees, creating an unforgettable atmosphere. Along the way, your guide will introduce you to the diverse wildlife, while a native guide will share their knowledge of medicinal plants used for centuries. The return journey by canoe offers a chance to spot caimans, bats, and other nocturnal creatures, making for a thrilling end to the adventure.



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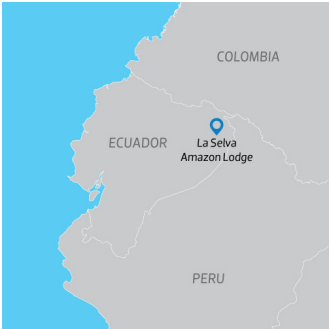
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## DAY 4: Departure Day

Following your departure briefing the night before, you will have an early wake-up call, followed by breakfast before leaving the lodge. The staff will assist with your checked luggage, and we’ll board a motorized canoe for the journey upstream back to Coca. Upon arrival, our representatives will take you to the La Selva office, where you’ll have time for a short restroom break before continuing to the airport. After a brief stop, our team will assist you with check-in, boarding passes, and luggage, ensuring a smooth and hassle-free departure.





## INCLUSIONS & DETAILS

Accommodation	Premium Jungle Lodge
Inclusions	<div> <b>INCLUSIONS</b>            Return flights from Quito to Coca in Economy Class            Airport reception and assistance in Quito and Coca            Canoe transfer down the Napo River to/from the lodge            Luxury sustainable accommodation            Guided excursions with a top Bilingual naturalist guide            Daily activity briefing            Welcome and farewell cocktail            All meals whilst at the lodge            Purified water, American coffee, herbal tea, and snacks at the coffee station            Supplied expedition gear: Water container and small backpack to keep            Rain coat and rubber boots provided for use during your stay            Yoga sessions            Use of kayaks         </div> <div> <b>EXCLUSIONS</b>            International flights            Spa services and treatments            Beverages not indicated as included            Personal expenses            Travel insurance            Visa and reciprocity fees (if applicable)            Tips for guides and staff (recommended, but not compulsory)            Any other item not specified         </div>
Difficulty Rating	2 (Light Adventure)
Single Surcharge	A single supplement surcharge applies and is subject to availability. Please <a href="#">contact us</a> for more information.
Notes	Prices are based on per person, twin share. Prices are correct at time of publishing but are subject to change at any time. All entrance fees are subject to change without prior notice.
Price Dependent upon	Currency fluctuation, seasonality and availability at time of booking.

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# SUSTAINABILITY

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## DEPARTURE

Daily (An Additional Cost Applies On Sundays)

## DURATION

4 Days

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