ANTARCTICA - SOUTH ATLANTIC CRUISE: FROM SOUTH AFRICA TO ANTARCTICA | SH DIANA



TRIP CODE
ACSHDSAA
DEPARTURE
28/10/2027
DURATION
22 Days
LOCATIONS
South Africa, Tristan da Cunha, South Georgia & Antarctica

INTRODUCTION

This expedition traces a continuous route from South Africa through the remote islands of the South Atlantic to the Antarctic Peninsula, with a strong focus on wildlife observation and expertâled education. Extended sea days are an integral part of the journey, offering ideal conditions for photography, whale sightings, seabird spotting and inâdepth lectures from onboard historians, polar specialists and naturalists. Bridge visits and observation decks provide additional opportunities to engage with the surrounding marine environment while preparing for upcoming landings.

Visits to isolated locations such as Tristan da Cunha and South Georgia emphasize Zodiac operations and shore landings in some of the world's richest wildlife habitats. Guests can observe albatross species, vast penguin colonies, seals, and other marine mammals while learning about fragile island ecosystems rarely accessed by travelers. Time ashore is complemented by educational briefings that place wildlife encounters within a broader ecological and conservation context.

As the voyage reaches Antarctica, daily operations (weather permitting) focus on immersive offâship experiences. Zodiac cruises and landings explore iceâfilled channels, bays and known wildlife sites, with frequent sightings of seals, penguins and dramatic ice formations. Optional activities such as snowshoeing or kayaking may be offered, enhancing time spent observing the polar environment from different perspectives. Between excursions, onboard sessions deepen understanding of Antarctic science, exploration history and wildlife behavior. The journey concludes in Ushuaia after nearly three weeks of continuous exploration across South Atlantic and Antarctic regions.

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ITINERARY

DAY 1: Arrive Cape Town

Upon arrival at the airport, you will be met by a representative and transferred to your hotel in Cape Town. This evening, enjoy the hotel's amenities or take advantage of your free time to explore the city.



DAY 2: Embarkation in Cape Town

This morning, you will be picked up from your hotel and transferred to the cruise ship for embarkation. Between mountains and the ocean, Cape Town is a vibrant, multicultural city with a lively waterfront featuring seafood restaurants, shopping and attractions. A cable car transports visitors to distinctive Table Mountain with sweeping views. Boats head to Robben Island, where Nelson Mandela was incarcerated.Boulders Beach is home to African penguins, and world-class Stellenbosch vineyards offer wine tastings amid Cape Dutch architecture.



DAY 3: At Sea - Day 3 to 6

Days at sea are rarely idle on an expedition voyage. Scan the horizon from the open deck, albatrosses tracking the ship's wake, a blow in the distance, ice on the edge of visibility. Between landings, the ocean itself becomes part of the itinerary. Head inside when you're ready: sauna, gym, hot tub, or a talk from the expedition team on what lies ahead.



DAY 7: Tristan Da Cunha

Seabirds outnumber humans on this remote British outpost in the middle of the southern Atlantic. Millions of species like the rare yellow-nosed albatross, skuas, terns and petrels, including the endangered Tristan albatross, inhabit the bluffs. Northern rockhopper penguins breed on the beaches, while upwellings attract whales and dolphins. Fur seals also haul out on the island teeming with avian life.



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DAY 8: At Sea - Day 8 to 11

Spend your day at sea enjoying the facilities available onboard. Head to the sauna, get in a workout in the state-of-the-art gym or relax in the hot tub while taking in incredible views along the way. If you prefer to learn a little more about your surroundings, listen to an informative talk or have a chat with one of our knowledgeable experts.



DAY 12: South Georgia - Day 12 & 13

Often called the 'Galapagos of the Poles,' South Georgia has a number of landing sites with tens of thousands of King Penguins and gentoo penguins, making up some of the largest populations in the world alongside harrumphing elephant seals. Among its remarkable sites is Grytviken, the historic whaling station where legendary British explorer Ernest Shackleton (1874–1922) is laid to rest.



DAY 14: At Sea - Day 14 & 15

On some days at sea guests are welcome to visit the bridge and see how the ship is navigated through ice, read the instruments, and talk with the officers on watch. Days at sea are also when the expedition team runs their best talks: deeper dives into the wildlife, history, and science of the region you're crossing. Or simply find a quiet corner and watch the Southern Ocean go by.



DAY 16: Antarctic Peninsula - Day 16 to 19

Among captivating glaciers, majestic icebergs and snowy islands, the Antarctic Peninsula is where most visitors to the White Continent live their Antarctica dream. It's the most accessible part, with scientific bases and incredible scenery, like the photogenic Lemaire Channel. Expedition activities might include Mikkelsen Harbour, where among gentoo penguins, snowy sheathbills and skuas, Antarctic Weddell seals haul out.



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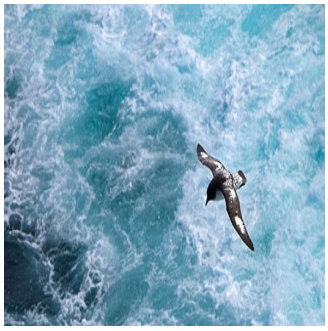
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DAY 20: At Sea - Day 20 & 21



Sea days are rarely dull. Take the time to sit back and let the world go by. The ship's observation decks provide stunning views of the passing ocean. A day at sea gives you the opportunity to mingle with other passengers and share your experiences of this incredible trip or head to our library which is stocked full of reference books. Get an expert's view in one of our on-board lectures or perhaps perfect your photography skills with invaluable advice from our onboard professional photographers.

DAY 22: Disembarkation in Ushuaia



Nestled in the foothills of the snow-capped Martial Range, Ushuaia's colourful streets and mismatched buildings cascade from the imposing mountains before coming to an abrupt halt at the shores of the Beagle Channel. As one of the world's southernmost cities, Ushuaia carries its 'end of the world' reputation well. The moody weather and dramatic surroundings certainly help. Board your boutique ship before departing for your journey through one of the most captivating wilderness regions of the world. Upon arrival in Ushuaia, you will be transferred from the cruise ship to the airport in time for your flight to Buenos Aires. *Please note: Cruise itinerary is subject to change depending on weather conditions, ice conditions and other factors.

INCLUSIONS & DETAILS

Accommodation	Cabin on board ship & Hotel

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Inclusions	**INCLUSIONS** Cabin accommodation on board ship in selected stateroom All meals onboard throughout your voyage. Complimentary hot & cold beverages, beer, wine & spirits 24-hour room service 24/7 self-service laundry All scheduled expedition landings One selected shore excursion per port of call Lecture programs by expedition team and guest speakers A pair of waterproof expedition boots on loan for landings and Zodiac cruising excursions A branded parka (yours to keep) Waterproof backpack and refillable water bottle (yours to keep) A Memory Package documenting the expedition Onboard gratuities & port taxes Entry level WI-FI (upgraded packages available) **MANDATORY CRUISE PLUS PACKAGE (INCLUDED)** Group transfers from airport to hotel in Cape Town & to the cruise port for embarkation, as well as group transfers from port to Ushuaia Airport One night pre-cruise accommodation in a 4/5-star hotel with breakfast in Cape Town, South Africa Includes economy class one-way charter flight from Ushuaia to Buenos Aires, Argentina upon disembarkation. **EXCLUSIONS** International flights Any other pre or post land arrangements not mentioned above Passport and visa expenses Government arrival and departure taxes not mentioned above Baggage, cancellation, interruption and medical travel insurance—strongly recommended Mandatory waterproof pants for Zodiac cruising, or any other gear not mentioned Meals ashore unless otherwise specified Excess-baggage fees on international and domestic flights Other personal charges unless specified Optional Adventure Activities
Difficulty Rating	2 (light adventure)
Single Surcharge	Available upon request. A supplement surcharge applies and is subject to availability. Please contact us for more information.

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Notes	Prices are based on per person, and vary from single and twin cabins. Prices are correct at time of publishing but are subject to change at any time. All entrance fees are subject to change without prior notice. Includes one night pre-cruise accommodation in a 4/5-star hotel with breakfast in Cape Town, South Africa & economy class one-way charter flight from Ushuaia to Buenos Aires, Argentina upon disembarkation. Please note this itinerary is subject to change depending on weather and ice conditions* In rare and unforeseen situations, an operator may apply a fuel surcharge after your booking has been confirmed and paid. This is outside our control and uncommon, but transparency with our travelers is important to us.
Price Dependent upon	Departure date, fuel surcharges, cabin category, currency fluctuations, seasonality and availability.

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SUSTAINABILITY

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