

ANTARCTICA - SOUTH ATLANTIC CRUISE: FROM ANTARCTICA TO SOUTH AFRICA | SH DIANA



INTRODUCTION

Experience an extraordinary journey from Antarctica to Africa, combining polar landscapes, wildlife-rich islands and life aboard a modern expedition ship. Explore the Antarctic Peninsula and South Shetland Islands by Zodiac, with opportunities to kayak, photograph dramatic ice formations and watch for whales, seals and penguins in their natural environment.

As the voyage heads north, discover the wildlife haven of South Georgia and the remote volcanic islands of Tristan da Cunha, where king penguins, fur seals and seabirds thrive. Days at sea are complemented by expert-led presentations, observation opportunities and scenic cruising, before arriving in Cape Town after a remarkable South Atlantic crossing.

ITINERARY

DAY 1: Arrive Buenos Aires

Upon arrival at the airport, you will be met by a representative and transferred to your hotel in Buenos Aires. This evening, enjoy the hotel’s amenities or take advantage of your free time to explore the city.



TRIP CODE
ACSHASAD
DEPARTURE
08/03/2027, 14/03/2028
DURATION
22 Days
LOCATIONS
Antarctica, South Georgia, Tristan da Cunha & South Africa


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DAY 2: Fly to Ushuaia & Embarkation

This morning, you will be picked up at your hotel and transferred to the airport for your flight to Ushuaia. Ushuaia is the gateway to the White Continent. Nestled in the foothills of the snow-capped Martial Range in Argentina's Patagonia region, Ushuaia's colourful streets and mismatched buildings cascade from the imposing mountains before coming to an abrupt halt at the shores of the Beagle Channel. Often described as 'the End of the World', the city carries the reputation well - the moody weather and dramatic surroundings certainly help



DAY 3: At Sea - Day 3 & 4

Spend your day at sea enjoying the facilities available onboard. Head to the sauna, get in a workout in the state-of-the-art gym or relax in the hot tub while taking in incredible views along the way. If you prefer to learn a little more about your surroundings, listen to an informative talk or have a chat with one of our knowledgeable experts.



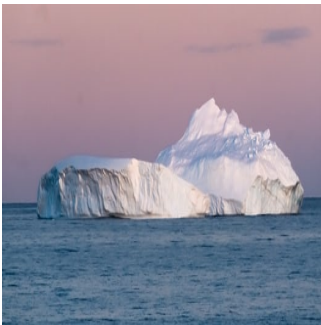
DAY 5: Antarctic Peninsula - Day 5 to 7

Among captivating glaciers, majestic icebergs and snowy islands, the Antarctic Peninsula is where most visitors to the White Continent live their Antarctica dream. It's the most accessible part, with scientific bases and incredible scenery, like the photogenic Lemaire Channel. Shore excursions might include Mikkelsen Harbour, where among gentoo penguins, snowy sheathbills and skuas, Antarctic Weddell seals haul out.



DAY 8: At Sea - Day 8 & 9

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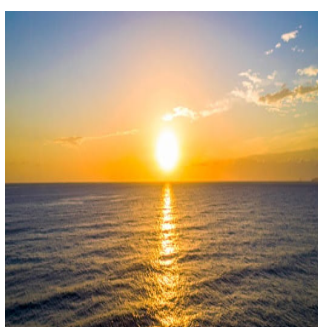
DAY 10: South Georgia - Day 10 to 12

Often called the 'Galapagos of the Poles,' South Georgia has a number of landing sites with tens of thousands of King Penguins and gentoo penguins, making up some of the largest populations in the world alongside harrumphing elephant seals. Among its remarkable sites is Grytviken, the historic whaling station where legendary British explorer Ernest Shackleton (1874-1922) is laid to rest.



DAY 13: At Sea - Day 13 to 16

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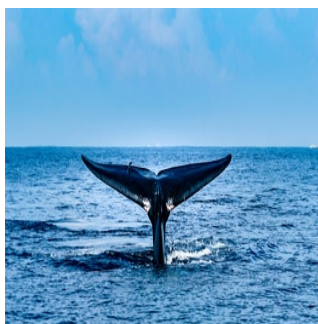
DAY 17: Tristan Da Cunha

Seabirds outnumber humans on this remote British outpost in the middle of the southern Atlantic. Millions of species like the rare yellow-nosed albatross, skuas, terns and petrels, including the endangered Tristan albatross, inhabit the bluffs. Northern rockhopper penguins breed on the beaches, while upwellings attract whales and dolphins. Fur seals also haul out on the island teeming with avian life.



DAY 18: At Sea - Day 18 to 21

Spend your day at sea enjoying the facilities available onboard. Head to the sauna, get in a workout in the state-of-the-art gym or relax in the hot tub while taking in incredible views along the way. If you prefer to learn a little more about your surroundings, listen to an informative talk or have a chat with one of our knowledgeable experts.



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DAY 22: Disembarkation in Cape Town

Between mountains and the ocean, Cape Town is a vibrant, multicultural city with a lively waterfront featuring seafood restaurants, shopping and attractions. A cable car transports visitors to distinctive Table Mountain with sweeping views. Boats head to Robben Island, where Nelson Mandela was incarcerated. Boulders Beach is home to African penguins, and world-class Stellenbosch vineyards offer wine tastings amid Cape Dutch architecture.



Inclusions & Details	
Accommodation	Cabin on board ship & Hotel

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Inclusions	INCLUSIONS Cabin accommodation on board ship in selected stateroom All meals onboard throughout your voyage. Complimentary hot & cold beverages, beer, wine & spirits 24-hour room service 24/7 self-service laundry All scheduled expedition landings One selected shore excursion per port of call Lecture programs by expedition team and guest speakers A pair of waterproof expedition boots on loan for landings and Zodiac cruising excursions A branded parka (yours to keep) Waterproof backpack and refillable water bottle (yours to keep) A Memory Package documenting the expedition Onboard gratuities & port taxes Entry level WI-FI (upgraded packages available) MANDATORY CRUISE PLUS PACKAGE (INCLUDED) Group transfers to/from airport to hotel in Buenos Aires, from the airport to the to the cruise port in Ushuaia for embarkation, as well as group transfers from port to Cape Town Airport upon disembarkation. One night pre-cruise accommodation in a 4/5-star hotel with breakfast in Buenos Aires, Argentina Includes economy class one-way charter flight from Buenos Aires to Ushuaia, Argentina	TRIP CODE ACSHASAD DEPARTURE 08/03/2027, 14/03/2028 DURATION 22 Days LOCATIONS Antarctica, South Georgia, Tristan da Cunha & South Africa 
	EXCLUSIONS International flights Any other pre or post land arrangements not mentioned above Passport and visa expenses Government arrival and departure taxes not mentioned above Baggage, cancellation, interruption and medical travel insurance—strongly recommended Mandatory waterproof pants for Zodiac cruising, or any other gear not mentioned Meals ashore unless otherwise specified Excess-baggage fees on international and domestic flights Other personal charges unless specified Optional Adventure Activities	
	Difficulty Rating 2 (light adventure)	
Single Surcharge	Available upon request. A supplement surcharge applies and is subject to availability. Please contact us for more information.	

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Notes

Prices are based on per person, and vary from single and twin cabins.
Prices are correct at time of publishing but are subject to change at any time.
All entrance fees are subject to change without prior notice.
Includes one night pre-cruise accommodation in a 4/5-star hotel with breakfast in Buenos Aires & economy class one-way charter flight from Buenos Aires, Argentina to Ushuaia to before embarkation.

Please note this itinerary is subject to change depending on weather and ice conditions*

In rare and unforeseen situations, an operator may apply a fuel surcharge after your booking has been confirmed and paid. This is outside our control and uncommon, but transparency with our travelers is important to us.

Price Dependent upon

Departure date, fuel surcharges, cabin category, currency fluctuations, seasonality and availability.
Any Promotional Pricing has already been applied to the published 'From' price.

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SUSTAINABILITY